

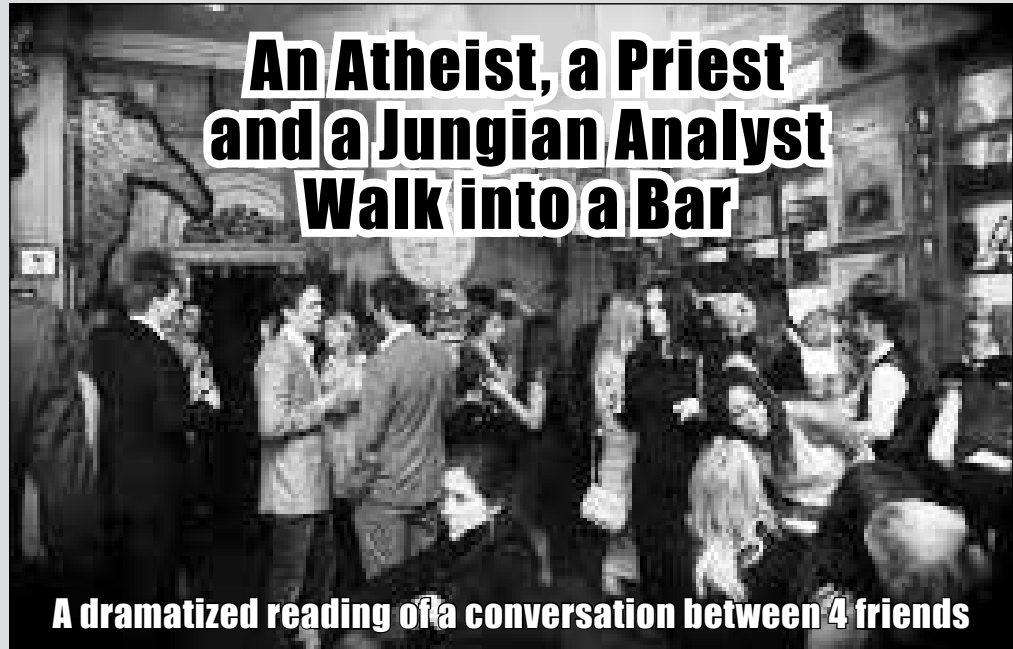


# C.G. Jung Society

OF NEW ORLEANS

Fall 2019 • Vol. 28, No. 2

A FUNDRAISER FOR THE JUNG SOCIETY



**Friday, September 13, 7:30 pm**

**Admittance \$15.00**

**Venue: First Unitarian Universalist, 5212 S. Claiborne at Jefferson, New Orleans**

This conversation between friends ranges over several divisive issues and invites questions, conflicting values, and strong opinions. It is offered as a fundraiser for our Society, but more than that, we offer it as an example of the possibility of dialogue among people with contrary beliefs and feelings.

**Please come prepared to engage in thinking through concepts rather than expecting dramatic action, with a superb cast of talented, seasoned thespians.**

**CAST:** Jillian Richmond, David Romero, Peggy Sanders, Eduardo Silva  
**PLAYWRIGHT:** Jungian Analyst Deldon Ann McNeely, PhD

1.5 CE credit hours for LPCs and Social Workers applied for, additional \$10.

## Inside

- 2 Individuation
- 2 Reading Group
- 3 Fall Programs
- 4 Dream Groups
- 5 Women's Group
- 6 Membership
- 6 Volunteering
- 8 Fall Calendar



# Individuation vs Individualism

*Deldon Anne McNeely, PhD, Jungian Analyst and Jung Society Board Advisor*

This year our Jung society focused our programs around the theme of “individuation.” There is a lot of thought today about how we have become a culture of individuals bent on pleasing ourselves to the utmost, so that many of us lack the ability to cooperate, to be part of a relationship, team, or united effort. So it may be good to differentiate between “individuation” and “individualism.” “Individualism” can mean freedom to self-actualize; to have a moral stance of living out one’s own values in opposition to convention; to have a political philosophy that prioritizes the rights of the individual over the power of the state. These are positive goals when the environment is stifling or toxic or the state is too restrictive or totalitarian. To the extent that extreme individualism creates problems for a society, unnecessary conflict, or the inability of people to work together for the common good, it can be an unfortunate development. Some think our desire to be unique individuals has gone too far, turning many of us into selfish, inconsiderate egoists. Jung, Freud, and psychoanalysis in general, are accused of being responsible for, or at least contributing to, this trend.

True, when we are confused, suffering, or just very interested in understanding ourselves and our behavior, and we seek depth psychotherapy or analysis, we do introvert as energy goes into exploring the interior psyche. But in the course of becoming increasingly conscious of our motives

and defenses, the capacity to relate to others expands, and understanding of others increases. We do not become reclusive, but thoughtful. Relatedness, compassion and tolerance for frustration improves. We do not become more self-centered, we become less ego-driven and more capable of seeing the big picture. The more conscious we are, and the less driven by unconscious forces, the more choices we see, and the more likely we are to be aware of the effects of our actions on the rest of the world. We don’t lose ourselves in individuating; we find our larger selves. And doing so, we find the capacity to balance our own needs with the greater good of the community.

Jung and many other visionaries thought that if enough people became free from unconscious demands, and grew beyond ego aggrandizement into a larger center of consciousness, we would create a more loving and united human family and balanced world. At this moment in history with the world in peril, that vision is cogent. It seems that often at moments of great upheaval in history there are paradigm shifts in human consciousness, for example, at the Axial Age, at the birth of Christianity, the Renaissance, and so on. We may be at such a moment, and we may be undergoing a paradigm shift – as we negotiate between the desires of the individual and the needs of the community – toward a more encompassing consciousness. Each of us contributes to the shift, perhaps toward improving the well-being of a widely diverse and inclusive human family ☺

## You’re invited to join the Jung Reading Group

Facilitator: Deldon Anne McNeely, PhD, Jungian Analyst

1st and 2nd Wednesdays of each month. 2:00-3:30 pm

Women’s Center in Abita Springs, Louisiana

For more information, call 985-892-8111

# FALL 2019 PROGRAMS

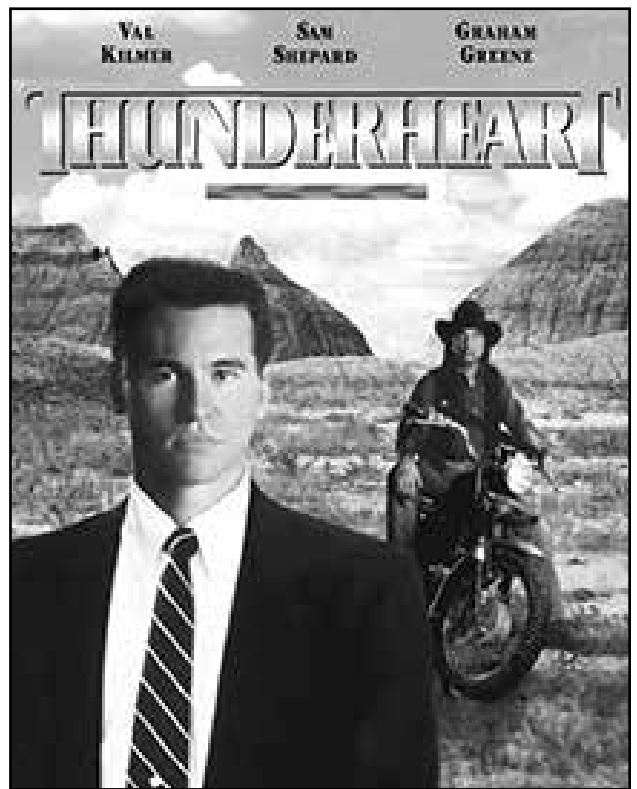
Tuesday, September 3, **6:30 pm**

## Film Night: Thunderheart

Discussion Leader: Oneal A. Isaac

This story of psychological and spiritual transformation in a person who has attempted to suppress essential bits of his identity, illustrates the process of individuation. It is wrapped in a gripping psycho-social drama of clashes in value between Native American activists and the U.S. Government based on historical facts on the Pine Ridge Sioux Reservation. Directed by Michael Apted and produced by Robert De Niro.

**Discussion Leader Oneal Isaac** is president of the Baton Rouge Jung Society. He works in community and professional theater and is a storyteller and playwright. He has appeared in fifteen motion pictures and has narrated two documentaries available at [billrodman.com](http://billrodman.com). He has received numerous awards related to the arts. He is a behavioral health patient referral coordinator, case manager, and family services coordinator.



**\$15 (students \$10), free to Jung Society members**

**Venue: First Unitarian Universalist, 5212 S. Claiborne at Jefferson, New Orleans**

**Our deepest thanks for your support!**

To our members...and especially to those of you who donated to the Jung Society on GiveNOLA Day...we extend our thanks and appreciation for your ongoing support.



## FALL 2019 PROGRAMS

Tuesday, October 1, 7:30 pm

# Inner Allies and Adversaries

The Anima and Animus in Jungian Psychology

Presenter: Elizabeth Colistra, PhD, LPC, Jungian Analyst

Jung posited that within the psyche of every man is an inner woman and within the psyche of every woman is an inner man. As archetypal figures, the anima and animus have both creative and destructive potentials. We tend to meet them in their negative guise first, as formidable adversaries. Critical, persecuting and cruel, the negative anima and animus often deliver false narratives about ourselves and others that we are seduced into believing. As we begin to understand their dynamics and intentions, however, we may transform these inner adversaries into our greatest allies.

*Elizabeth Colistra is a certified Jungian analyst and Licensed Professional Counselor with a private practice in the French Quarter in New Orleans. She trained at the C.G. Jung Institute of New York and the Jungian Psychoanalytic Association while completing her doctorate from Pacifica Graduate Institute. She is a faculty member of the New Orleans Jungian Seminar and an analyst member of the Inter-Regional Society of Jungian Analysts.*

**1.5 CE credit hours for LPCs and Social Workers, \$10.**



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### OBJECTIVES

1) Participants will be able to identify typical/archetypal manifestations of the anima and animus; 2) become familiar with both creative and destructive aspects of each; and 3) learn effective ways of dealing with the negative anima and animus.

## Dream Groups led by area Jungian Analysts

### NEW ORLEANS

Facilitator: Jungian Analyst Constance Romero. Information at 985-778-1641

### MANDEVILLE

Facilitator: Jungian Analyst Constance Romero. Information at 985-778-1641

### BATON ROUGE

Facilitator: Jungian Analyst David Schoen. Information at 225-763-1230



## FALL 2019 PROGRAMS

Tuesday, November 12, 7:30 pm

# Individuation and Yoga

Presenter: Sadani Janet Houtz, IAYT Yoga Therapist

Individuation requires awareness of the physiological component of our complexes as manifested in emotional states and bodily traits. We will reflect on these manifestations through the healing art and science of yoga. Based on the Yoga Therapy Pancamaya model, we will experience the visual reality of personal and group energy through connection. We will explore integrated movement, breath and sound to awaken and manage our own energy creating physical, energetic, mental, emotional and spiritual stability, and overall balance. Meditation becomes the crown of the practice. Come prepared to Breathe, Relax, Feel, Watch and Allow into your possibility. Dress comfortably. (Practice will be seated and standing.)

*Sadani Janet Houtz, C-IAYT, is a Viniyoga therapist who is a lifelong student and teacher of others through the yoga of the mind/body/energy connection. Her approach is individualized for each person and requires appropriate adaptations of yogic tools. For over 21 years, Sadani has helped others make gradual changes in lifestyle patterns that influence their ability to feel balanced, vital and connected to an inspired life with purpose.*

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### OBJECTIVES

1) Jung's understanding of the importance of body awareness in identifying complexes will be explained; 2) participants will learn to identify areas of the body that express complexes and contribute to stress; 3) the connection between self-exploration in Eastern and Western medicine will be clarified; and 4) participants who wish to will have an opportunity to experience effects of meditation and mindfulness on their functioning.

## Women's Group: The Erotic Psyche

The myth of Psyche and Eros explores the ageless relationship between the soul and the god of desire and love. Their daughter Pleasure suggests a new feminine consciousness conceived and born through the relationship between sexuality and spirituality, the instinctual and the archetypal. We'll explore the myth and discuss its invitation for women's individuation. For information, call Marilyn Marshall at 504-236-0735 or email [marilynmarshall@gmail.com](mailto:marilynmarshall@gmail.com).



## FALL 2019 PROGRAMS

Tuesday, December 3, 7:30 pm

# Reading Cassandra

Acts of Resistance in Interpretation and Life

Presenter: Laura Camille Tuley, PhD, LPC, Jungian Analyst

We will consider the theme of resistance as both the psychoanalytic concept with which we are familiar – as that which sometimes impedes the analytic process and individual growth – and as that which, at times, can and does serve the aim of individuation and the movement of the Self. We will reflect upon the idea that at times the process of individuation might entail an act or posture of resistance, which requires an individual (or group) to go against the grain of the status quo and social or cultural norms and to accept a position of marginalization, alienation and, occasionally, death. We will examine our interpretation and “handling” of the phenomenon of resistance clinically, mythically via the myth of Cassandra, and in the context of the resurgence of activism in this country.

*Laura Camille Tuley, PhD, is a Jungian analyst in private practice in Madison, Wisconsin. She has contributed to the New Orleans Review, Mothering in the Third Wave, Art Papers, Hypatia, and the APA Newsletter on Feminism and Philosophy, and is the co-editor of Mother Knows Best: Talking Back to the Experts. In her writing, Tuley attempts to bring Jungian and Psychoanalytic thought into relationship with contemporary culture and politics.*

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**Venue: First Unitarian Universalist, 5212 S. Claiborne at Jefferson, New Orleans**

### OBJECTIVES

This presentation will: 1) expand the listener’s understanding of the clinical idea of resistance; 2) link the concerns and process of the individual patient or analyst with the cultural and collective psyche and ethos; 3) make a case for the “telos” of “one-sidedness” as, at times, vital to the process of individuation; and 4) reframe the myth of Cassandra through a feminist, as well as a Jungian lens.

## Jung Society membership is open to all

Best bargain ever! For the annual \$60 membership fee, you receive free admission to all nine evening programs, a discount on Saturday workshops, and checkout privileges at the Society’s library. You can join online now at [jungneworleans.org](http://jungneworleans.org) or at the door anytime you attend one of the Society’s monthly programs.

## Be more involved! Join us as a volunteer

We love our volunteers and include them in our board retreats and social events! Ever wonder how you could help us? You can assist with hospitality and refreshments, room setup and breakdown, publicity, social media, website development, website updates, membership list maintenance, social events, retreats, dissemination of flyers, and many other things. We invite you to join us as a volunteer! Email us at [jungneworleans@gmail.com](mailto:jungneworleans@gmail.com).





### C. G. JUNG SOCIETY OF NEW ORLEANS STATEMENT OF PURPOSE

Following the general thrust of Carl Jung's analytical psychology, the Society presents an interdisciplinary program to foster self-understanding by the individual. Jung's deepest interest was in arriving at insights capable of bringing genuine help to the individual. His theories laid the groundwork for a new understanding of man, the significance of which extends far beyond the boundaries of psychology in the conventional sense. The goals of the C. G. Jung Society, then, are to offer a forum for the exchange of ideas in the sphere of the humanities, that family of knowledge that deals with what it is to be human, to make value judgments, and to select wiser courses of action. As Jung often stressed, it is within the individual, and not on the level of collective social measures, that the problems of our age must be met and the foundations for a healthy society preserved and strengthened.

### CONTINUING EDUCATION CREDITS FOR SOCIAL WORKERS AND LPCs

Most programs are approved for Social Work contact hours through Tulane School of Social Work and for LPC clock hours through the National Board for Certified Counselors (NBCC). The C. G. Jung Society of New Orleans has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5388. Programs that do not qualify for NBCC credit are clearly identified. The C. G. Jung Society of New Orleans is solely responsible for all aspects of the programs.

#### JUNG SOCIETY

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Deldon Anne McNeely, PhD,  
Jungian Analyst



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*Learn more at [neworleansjungianseminar.org](http://neworleansjungianseminar.org)*

# FALL 2019 PROGRAM CALENDAR

Please put these dates on your calendar...we look forward to seeing you!

Tuesday **Film Night: Thunderheart**  
Sept. 3 *Discussion Leader: Oneal Isaac*  
**6:30 pm** \$15, students \$10, members free

Friday **Fundraiser: An Atheist, a Priest, and  
a Jungian Analyst Walk Into a Bar**  
Sept. 13 A Dramatized Reading of a Conversation  
7:30 pm Between Four Friends  
Admittance \$15 for all

Tuesday **Inner Allies and Adversaries:**  
Oct. 1 **The Anima and Animus**  
7:30 pm *Elizabeth Colistra, PhD, LPC, Jungian Analyst*  
\$15, students \$10, members free

Tuesday **From the Outside In:**  
Nov. 12 **Energy and the Yoga of Awareness**  
7:30 pm *Sadani Janet Houtz, IAYT Yoga Therapist*  
\$15, students \$10, members free

Tuesday **Reading Cassandra: Acts of Resistance  
in Interpretation and Life**  
Dec. 3 *Laura Tuley, PhD, LPC, Jungian Analyst*  
7:30 pm \$15, students \$10, members free

Tuesday **Regenerating the Feminine: Chronicling  
the Rapid Rise of the Feminine**  
Jan. 7 *April C. Heaslip, PhD, LPC, Jungian Analyst*  
7:30 pm \$15, students \$10, members free

**Website Address:** [www.jungneworleans.org](http://www.jungneworleans.org)

**Meeting Address:** First Unitarian Universalist, 5212 S. Claiborne at Jefferson, New Orleans

Mailing Address: 609 Metairie Road, #171, Metairie, LA 70005

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Amazon will donate 0.5% of purchases to the non-profit of your choice.

C. G. Jung Society of New Orleans  
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