



C.G. Jung Society

OF NEW ORLEANS

Spring 2024 • Vol. 33, No. 1

TRINITY

Del McNeely, PhD, Jungian Analyst

Using the term Trinity in New Orleans will likely bring up cooking images, like making a roux with onions, celery, and bell peppers. But this is also a religious city, and thoughts also go toward the Holy Trinity: Father, Son and Holy Spirit. In Jung's essay, "A Psychological Approach to the Trinity," we see how deeply his research into the psyche reaches. In addition to fluency in Latin and Greek, his knowledge of mythology includes works of the oral tradition from cultures not yet literate, from Babylonian god-triads, and Egyptian and Greek prefigurations of the Trinity. We learn that the Christian dogma of the Holy Trinity, that was debated for 400 years in the early church before adopted as dogma, is, from Jung's point of view, an archetype in the history of religion.

Jung hypothesizes that the evidence of pre-historic archetypal imagery — three figures in relationship — is what allows him to discuss these thoughts as psychology, not metaphysics. The image of God as a Trinity is complicated with another archetype, the archetype of wholeness, the quaternity. There the metaphysical problems of evil and the feminine, as fourths, come into play.

Jung says that the fact that the symbolism of these universal archetypes was regarded as a valid statement for two thousand years by millions of people gives them a high degree of validity. While that may satisfy ideas about metaphysical issues, like the qualities of God, they cannot be said to be true as facts in the material world. In practical life we cannot take truth by faith, but we must see reasons and actual meaning to know what is real and true.

These issues come alive today as we consider where our appreciation for Truth, Veritas, Pravda is taking us. The tendency for many people to be willing to lie to promote themselves--or facts--has never been so acceptable by the majority. Authorities that we used to trust as giving us the true facts have become corrupt and able to be manipulated by social and financial influences. Is there an archetypal tendency to Truth? Will it prevail to rescue our current public perception of reality? Can we count on having a community built on real facts? If not, we may never be able to trust a source of information or be able to be secure as a community. The social fabric must not unravel. ☹️

Deldon Anne McNeely is a psychologist, a Jungian analyst, and Advisor to the Board of Directors of the C. G. Jung Society of New Orleans

Inside

- 2 Spring Programs
- 6 Film Series
- 6 Jungian Seminar
- 6 Dream Groups
- 7 About Us
- 8 Spring Calendar



SPRING 2024 PROGRAMS

Via Zoom, Tuesday, February 6, 7:30 pm, Central Daylight Time

Image or Art?

Jungian Art Therapy, Trauma, and Cultivating a Relationship with the Unconscious

Presenter: **Nora Swan-Foster, Jungian Analyst and
Author of *Jungian Art Therapy***

ONLINE PRESENTATION \$10, free to Jung Society members

Jungian Art Therapy was written as an invitation to those students of Jung who wished to explore his ideas and concepts through the image with its applications for various challenges, including trauma. In this presentation I will explore Jung's view that "psyche is image," and that his notion of "the third thing" is integral to Jungian art therapy. While working in his Red Book, Jung's use of art materials provided a deliberate and active alchemical engagement with the material world that opened the gates for the unconscious, for dialogues with inner figures, and to reconnect with the unfolding of his soul. Hidden behind these powerful images we discover Jung's deep intimacy with the unconscious that grew out of tormented confrontations, grief and loss, his need for individuation, and his relationship to ancient and prophetic mysteries.

Please have your own journal with simple art supplies or pen and paper available.

Nora Swan-Foster, MA, ATR-BC, LPC, NCPsyA, is an art psychotherapist and Jungian analyst in Boulder, Colorado. She is a teaching member of the Graduate Art Therapy Program at Naropa University, is a training and supervising analyst with the Inter-Regional Society of Jungian Analysts (IRSJA), and is a member of the IAAP. She is the former North American editor for the Journal of Analytical Psychology and has published two books: Jungian Art Therapy (2018) and Art Therapy and Childbearing.

**1.5 CE credit hours for LPCs and
Social Workers, additional \$10**

Register online at jungneworleans.org





SPRING 2024 PROGRAMS

Friday, March 1, 7:30 pm

Trauma and the Transcendent Function

Presenter: **Erik Goodwyn, MD, Psychiatrist and Author**

IN PERSON PRESENTATION AT ST. GEORGE'S, 4600 ST. CHARLES, NOLA

\$10, free to Jung Society members

What are the precise mechanisms of the transcendent function? Jung described the transcendent function in very broad, impressionistic terms; however, he was unable to draw upon the empirical research available today to more fully characterize this function. Reviewing more recent empirical research on the brain and mind, as applied to clinical material and situated within a depth psychology context, however, provides greater precision and clarity of this function. Applying these empirical sciences to a clinical context reveals that a major aspect of the transcendent function is affectively directed meaning-making. In this lecture we will explore how the transcendent function works, with a particular focus on trauma and the natural healing process that is facilitated by psychotherapy.

Erik Goodwyn, MD, is an Attending Physician at Eastern State Hospital in Lexington, Ky, Clinical Faculty at University of Kentucky, Clinical Associate Professor at the Billings Clinic, part of the WWAMI University of Washington School of Medicine--Billings Montana affiliate, Department of Psychiatry, and Adjunct Professor for University of Louisville, Department of Psychiatry. He has authored numerous publications in the field of consciousness studies, Jungian psychology, neuroscience, mythology, philosophy, anthropology, and the psychology of religion. He is co-editor-in-chief of the International Journal of Jungian Studies, and his published books include: The Neurobiology of the Gods: How the Brain Shapes the Recurrent Imagery of Myth and Dreams (Routledge, 2012), A Psychological Reading of the Anglo-Saxon Poem Beowulf: Understanding Everything as Story (Mellen, 2014), Healing Symbols in Psychotherapy: a Ritual Approach (Routledge, 2016), Magical Consciousness, co-authored with anthropologist Susan Greenwood (Routledge, 2017), Understanding Dreams and Other Spontaneous Images: the Invisible Storyteller (Routledge, 2018 – Finalist in the 2019 International Association for Jungian Studies Book Award), and Archetypal Ontology, with philosopher and psychoanalyst Jon Mills (Routledge, 2023).

**1.5 CE credit hours for LPCs and
Social Workers, additional \$10**

[Register online at jungneworleans.org](http://jungneworleans.org)





SPRING 2024 PROGRAMS

Friday, April 5, 7:30 pm

Jung's Genius Discoveries about Dreams

Presenter: **Michael Vannoy Adams, Jungian Analyst**

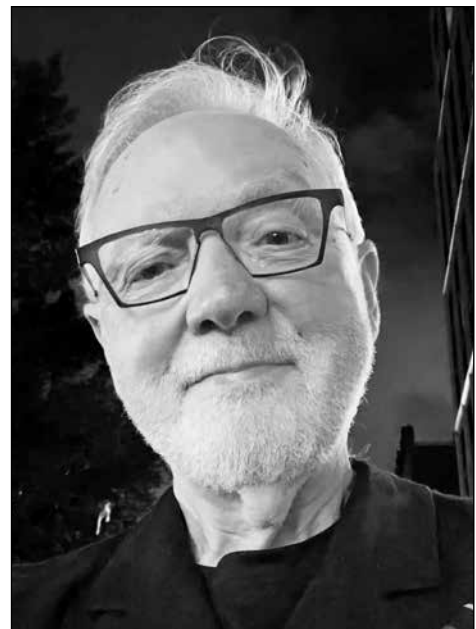
IN PERSON PRESENTATION AT ST. GEORGE'S, 4600 ST. CHARLES, NOLA
\$10, free to Jung Society members

Freud was wrong about dreams; Jung was right about dreams. It's that simple, and it's that important. Michael Vannoy Adams, who last addressed the Jung Society of New Orleans in 2003, will discuss the mystery of why humans dream. He will demonstrate how Jung, not Freud, was the scientist who, in an act of genius, discovered the true purpose and evolutionary value of dreaming and the proper technique to interpret accurately what the images in dreams mean in order radically to transform and expand consciousness. The gist of Jung's position is that dreams do not conceal (as Freud alleges) but, in fact, reveal with exquisite clarity exactly what they mean when individuals apply Jung's principles of interpretation. This speaker will present vivid examples from contemporary dreams to illustrate Jung's revolutionary theory and method.

Michael Vannoy Adams, D.Phil, LCSW, is an internationally prominent Jungian psychoanalyst with a special interest in images and the imagination. He is a clinical associate professor at the New York University Postdoctoral Program in Psychotherapy and Psychoanalysis and a member of the Jungian Psychoanalytic Association. He is the author of four books: For Love of the Imagination, The Fantasy Principle, The Mythological Unconscious, and The Multicultural Imagination: "Race," Color, and the Unconscious. He is the recipient of four Gradiva Awards from the National Association for the Advancement of Psychoanalysis. He is a Marshall scholar.

**1.5 CE credit hours for LPCs and
Social Workers, additional \$10**

[Register online at jungneworleans.org](http://jungneworleans.org)





SPRING 2024 PROGRAMS

Tuesday, May 7, 7:30 pm

The Transformative Process of Barrel-Fired Ceramics

Alchemical Explorations in Arts-Based Research

Presenter: **Sarah Shelton, MS, LPC-S, NCC**

IN PERSON PRESENTATION AT ST. GEORGE'S, 4600 ST. CHARLES, NOLA

\$10, free to Jung Society members

As a Jungian Analytic candidate in training, I am familiar with both the importance of the creative process in psychological transformations as well as the use of alchemy as a metaphor for that process. In recent years I have also become interested in Arts-Based Research. These interests converged for me in my practice of the alternative ceramic firing technique known as barrel firing. The development of my practice of ceramics has been a formative experience in my understanding of myself not just as a clinician, but also as an ontological 'being-in-the-world'. From the perspective of a maker, I view myself more as an experimenter or investigator, rather than an artist. My goal is not to create an aesthetic object but to participate in an experience of the relationship with the material and the environment present during its creation. In this way I have come to understand the vessels I create as a concrete manifestation of moments within a process of coming into being.

Sarah Shelton, MS, LPC-S, NCC has been a practicing therapist for the past fifteen years and is a training candidate with the Inter-Regional Society of Jungian Analysts. During the training process, she became interested in alternative firing techniques and their resonance with the metaphor of alchemy and emergent theory and is currently writing her training thesis on this topic. She enjoys the rich interplay between the various communities she belongs to which combine her interests in ceramics, music, philosophy, gardening, and Jungian studies. She maintains a private practice (located above a ceramic studio) with a Jungian focus in New Orleans.

**1.5 CE credit hours for LPCs and
Social Workers, additional \$10**

[Register online at jungneworleans.org](http://jungneworleans.org)





JUNG SOCIETY FILM SERIES!

In the spring, we will introduce a monthly film series. We hope to expand the conversation around Jungian concepts to more popular culture and art forms through film. This will also provide an opportunity for our members to be together more often. Stay tuned as we work out the details!

If you're interested in advanced study: NEW ORLEANS JUNGIAN SEMINAR

AN APPROVED TRAINING CENTER OF THE INTER-REGIONAL SOCIETY OF JUNGIAN ANALYSTS

Founded in 1997, The New Orleans Jungian Seminar offers advanced study in the psychology of C. G. Jung. The program is designed for 1) individuals seeking to deepen their understanding of themselves, 2) mental health professionals desiring to enhance their perspectives and analytic skills, and 3) those intending to apply for analytic training with the Inter-Regional Society of Jungian Analysts (IRSJA).

For more information, contact Lucie Magnus at 205-870-7510.

JUNGIAN DREAM GROUPS

"The dream is a little hidden door to the innermost and most secret recesses of the soul, opening into that cosmic night...long before there was any consciousness...A dream that is not understood remains a mere occurrence; understood, it becomes a living experience." -C. G. Jung

Come explore your dreams with others in a welcoming environment designed to facilitate a connection to your unconscious life. Dreams fascinate and perplex us with their images and the myriad feelings they evoke in body and soul. As Jung writes, dreams come from a well deep within that connects us to the personal and transpersonal realms. If understood, dreams can enliven us, help us make meaning, and act as guides in our lives. The groups meet one afternoon a month.

NEW ORLEANS

Facilitator: Jungian Analyst Constance Romero. Information at 985-778-1641

COVINGTON

Facilitator: Shelby Rosenblum, LPC. Information at shelby.rosenblum.lpc@gmail.com



C. G. JUNG SOCIETY OF NEW ORLEANS STATEMENT OF PURPOSE

Following the general thrust of Carl Jung's analytical psychology, the Society presents an interdisciplinary program to foster self-understanding by the individual. Jung's deepest interest was in arriving at insights capable of bringing genuine help to the individual. His theories laid the groundwork for a new understanding of man, the significance of which extends far beyond the boundaries of psychology in the conventional sense. The goals of the C. G. Jung Society, then, are to offer a forum for the exchange of ideas in the sphere of the humanities, that family of knowledge that deals with what it is to be human, to make value judgments, and to select wiser courses of action. As Jung often stressed, it is within the individual, and not on the level of collective social measures, that the problems of our age must be met and the foundations for a healthy society preserved and strengthened.

CONTINUING EDUCATION CREDITS FOR SOCIAL WORKERS AND LPCs

Most programs are approved for Social Work contact hours through Tulane School of Social Work and for LPC clock hours through the National Board for Certified Counselors (NBCC). The C. G. Jung Society of New Orleans has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5388. Programs that do not qualify for NBCC credit are clearly identified. The C. G. Jung Society of New Orleans is solely responsible for all aspects of the programs.

JUNG SOCIETY

BOARD OF DIRECTORS

Terence Todd, SJ, President
Toni Newton, Secretary
Jennie Kasten, Treasurer
Susan Sewell Bell
Alex Davis
Dorian Rolston
Sarah Shelton
Irina Sleptsova
Ann Tuley
Susan Welsh

BOARD ADVISOR

Deldon Anne McNeely, PhD,
Jungian Analyst



ANALYSTS IN THE NEW ORLEANS JUNGIAN SEMINAR

An Approved Training Center of the IRSJA

Kathy Avsar, LPC, PhD
Birmingham | katavsar@gmail.com | 205-266-4633
Elizabeth Colistra, LPC, PhD
New Orleans | eacolistra@gmail.com | 504-608-0825
Lucie Magnus, MA, LPC, MFT
Birmingham | lexmagnus@gmail.com | 205-870-7510
Marilyn Marshall, MA, LPC
New Orleans | marilynmarshall@gmail.com | 504-236-0735
Everett McLaren, EdD
Richmond | egmclaren@earthlink.net | 804-288-6734
Deldon Anne McNeely, PhD
Abita Springs | mcneelydeldon@gmail.com | 985-875-7363
Jim Michel, MA
Minneapolis | jamemichel@gmail.com
Constance Romero, LPC, LMFT
Mandeville and New Orleans | romeroce4@aol.com | 985-778-1641
David E. Schoen, LCSW, MSSW
Covington | davidschoen60@yahoo.com | 985-892-9545
Laura Camille Tuley, LPC, PhD
Madison | lctuley@gmail.com | 608-255-8838
Jacqueline Wright, EdD
Atlanta | jacquiewright1@gmail.com | 404-327-6002
Deedy Young, LCSW, MSW
Lafayette | ddyoung100@aol.com | 337-981-9601

Learn more at neworleansjungianseminar.org

SPRING 2024 PROGRAM CALENDAR

Zoom Presentation

Tuesday **Image or Art?**
Feb. 6 **Jungian Art Therapy, Trauma,
7:30 pm and Cultivating a Relationship
Central with the Unconscious**
Standard *Nora Swan-Foster, Jungian Analyst*
Time \$10, free to Jung Society members

In-Person Presentation

Friday **Trauma and the**
Mar. 1 **Transcendent Function**
7:30 pm *Erik Goodwyn, MD, Psychiatrist and Author*
\$10, free to Jung Society members

In-Person Presentation

Friday **Jung's Genius Discoveries**
Apr. 5 **about Dreams**
7:30 pm *Michael Vannoy Adams, Jungian Analyst*
\$10, free to Jung Society members

In-Person Presentation

Tuesday **The Transformative Process of**
May 7 **Barrel-Fired Ceramics: Alchemical**
7:30 pm **Explorations in Arts-Based Research**
Sarah Shelton, MS, LPC-S, NCC
\$10, free to Jung Society members

Please put these dates on your calendar...we look forward to seeing you!

Website Address: jungneworleans.org

Meeting Address: St. George's Episcopal Church, 4600 St. Charles Avenue, New Orleans

Mailing Address: 609 Metairie Road, #171, Metairie, LA 70005

C. G. Jung Society of New Orleans
609 Metairie Road, #171
Metairie, LA 70005

