



C.G. Jung Society

OF NEW ORLEANS

Spring 2023 • Vol. 32, No. 1

Dear Members...

To Members of the C. G. Jung Society of New Orleans:

We are so glad that you have stuck with us during the pandemic with its isolation and inconveniences. Happily we managed to get some wonderful speakers in these past years, some who command large fees for international lectures who spoke to us for reduced fees.

Now I have a request: Please consider helping us out with our many technical tasks as we try to move forward into in-person programming.

- We need someone to help with Facebook
- Someone with recording and technical skills
- Someone with lawyer skills to advise us
- Someone with real estate know-how
- People to serve as greeters and door-keepers
- People with ideas and suggestions for programming and morale building.

We are few and we are working hard to bring you good information and to promote the spirit of Jung. Will you think about how you might volunteer? If you cannot volunteer perhaps you can interest someone you know to join with you and contribute to the Society or attend a meeting. We would like some young people in our planning, and we believe our programs are relevant and timely.

Many thanks,
Del McNeely, Board Advisor

Our new home

In February, we begin in-person programs at St. George's Episcopal Church, 4600 St. Charles Avenue, New Orleans. Some programs will still be held via Zoom. We look forward to seeing you!

Inside

2 Spring Programs

6 "Both Sides Now"

6 Renew Membership

7 About Us

7 Analysts

8 Spring Calendar



SPRING 2023 PROGRAMS

Friday, February 3, 7:30 pm

A Metamorphosis of the Myth of Circe: A Jungian Individuation Journey?

IN PERSON PRESENTATION AT ST. GEORGE'S, 4600 ST. CHARLES, NOLA
\$10, free to Jung Society members. [Register online at jungneworleans.org](https://jungneworleans.org)

Presenter: **Kathy Avsar, PhD, LPC, NCC, Jungian Analyst**

Matriarchy/patriarchy, feminine/masculine, the genders have been at odds for generations preventing the collaboration needed for humanity to find wholeness. Individuation is a journey toward wholeness that requires the courage to look at and accept our fear, anger, jealousy, hatred, all our insecurities. No one is perfect, always projecting onto the other our least favorite or our most favorite attributes. We always feel we are not enough because of those projections. Withdrawing those projections, owning our own shortcomings and strengths allows the other to own theirs. Anxiety and neurosis rise out of our obsessively comparing ourselves to the other.

Everything that is written is biased by the culture in which the author was born and their perspective of the world. If we look at how the Circe myth has evolved from Homer's first telling in the Odyssey to Miller's most recent version in 2018, we can imagine how each retelling has been a response to the milieu the author was swimming through at that point in time. The projections that were flying toward the other...

Diving into a myth outwits defenses that keeps us from looking deeply into our wounds. Using the myth of Circe, we will look for clues that act as guideposts on one's journey toward wholeness.



**1.5 CE credit hours for LPCs and
Social Workers, additional \$10**

Kathy Avsar is a licensed professional counselor, Jungian analyst, and member of the Interregional Society of Jungian Analysts. She is on the faculty of the New Orleans Jungian Seminar. She has a private practice in Birmingham where she works with individuals on their journey toward wholeness. Her own meandering journey began on a dairy farm in Alabama, started by her grandmother when her father and uncles were still toddlers. In the seventies, the contradiction of not allowing space for the feminine on a farm that was started by the feminine, led her to leave home at 17 to become a carpenter and then a firefighter. She was constantly trying to prove to herself and her family that she was as competent and capable as her brother. Fifty years of trying to prove herself led to a doctorate in behavioral neuroscience and becoming a Jungian analyst. Falling into the realm of Circe gave Kathy some missing pieces on her own journey.



SPRING 2023 PROGRAMS

Tuesday, March 7, 7:30 pm CST

Opening the Closed Heart: Working with the Inner Child in Psychotherapy with Trauma Survivors

ONLINE PRESENTATION VIA ZOOM
\$10, free to Jung Society members

[Register online at jungneworleans.org](http://jungneworleans.org)

Presenter: Donald Kalsched, PhD, Jungian Analyst

The process of realizing oneself as a person (“individuation”) was for C. G. Jung equivalent to the unfolding of latent potentials in the personality--a vital spark of aliveness--something sacred and utterly unique in each of us. The potential for this “unfolding,” Jung felt, lay deep in the foundations of the personality like a seed, and was universally represented in mythology as the archetype of the innocent or divine child in exile.

Trauma in childhood accounts for such exile. By studying the lives of people who have survived early trauma, we discover that the ideal “unfolding” of the personality Jung envisioned is partially blocked and distorted by powerful-but-necessary archetypal defenses. Because of these defenses, contacting the inner child can be a stormy affair and requires a knowledge of the different parts of the defensive “system” assigned to protect the inner core of the personality. Clinical examples and related dreams will be presented to illustrate the process.



1.5 CE credit hours for LPCs and Social Workers, additional \$10

*Donald Kalsched is a Clinical Psychologist and Jungian Psychoanalyst with a practice in Brunswick Maine. He is a member of the New England Society of Jungian Analysts and the Inter-Regional Society where he has been a training analyst and supervisory for many years. His two books, *The Inner World of Trauma* (1996) and *Trauma and the Soul* (2013) have been highly acclaimed and translated into many languages.*



SPRING 2023 PROGRAMS

Tuesday, April 4, 7:30 pm

The Sacrament of Disobedience

IN PERSON PRESENTATION AT ST. GEORGE'S, 4600 ST. CHARLES, NOLA

\$10, free to Jung Society members

[Register online at jungneworleans.org](http://jungneworleans.org)

Presenter: **D. Scott Stanley, PhD, LPC, LMFT**



The role of sacraments within religious settings is to mediate the Divine. In Analytic Psychology, individuation is the process or journey of the Self unfolding. Jung likened the experience of the Self as a religious or numinous experience. Using the fairytale, "The devil's sooty brother," found in the Grimms' brothers collection (#100), we will explore the role of disobedience as sacramental, that is, the act which mediates the Self through individuation. I invite you to read the fairytale before the seminar, paying attention to the moment when the hero breaks his deal with the devil, that moment when he can't not follow his impulse. Think of the moments in your story when you found yourself in a similar place, where you couldn't not take action or follow your impulse..

I look forward to being with you in April.

**1.5 CE credit hours for LPCs and
Social Workers, additional \$10**

D. Scott Stanley is in private practice in Houston, Texas. He is currently a candidate in training for Jungian Analysis through the InterRegional Society of Jungian Analysts. He has been accused of being a musician, but due to lack of evidence, there have been no convictions.



SPRING 2023 PROGRAMS

Friday, May 5, 7:30 pm

Strange Attractors: The Alchemy of Drawing the Ego and the Self Together

IN PERSON PRESENTATION AT ST. GEORGE'S, 4600 ST. CHARLES, NOLA
\$10, free to Jung Society members

[Register online at jungneworleans.org](http://jungneworleans.org)

Presenter: **Joseph Lee, Jungian Analyst and
Co-Creator of *This Jungian Life* Podcast**

"...it is needful that I instruct you concerning the magnet of the wise, which has the power of attracting the little fish called Echeneis or Remora from out the centre and depth of the sea...when properly prepared by the cunning secret of the wise, has the power of dissolving all solid bodies and making them volatile, and of purifying all bodies that are poisoned."

CG Jung, CW Vol 9ii, para 218

Through his alchemical studies, Jung recognized images and themes that amplified his understanding of significant psychological change. In one mysterious section, he explored the symbol of a small fish with the power to hold a ship motionless. Jung sensed that the relationship of the swift sailing ego to the mysterious sea creature in the unconscious held a key to individuation. Unsatisfied with happenstance numinous encounters, the alchemists discovered a way to court the connection and offered their symbolic formula to those who could decipher its meaning. Jung clarified that the "magnet of the wise" could be taught or created through arcane knowledge of the self. In this presentation, we will explore Jung's insights into attracting the self through understanding specific hermetic and alchemical principles and grounding them in accessible contemporary idioms and personal experiences – in other words, our goal is to bring these arcane concepts to life.

Joseph Lee is a Jungian Psychoanalyst in private practice in Virginia Beach, VA. He is co-creator of *This Jungian Life* podcast and the online educational program *Dream School*. He is a member of the Inter-Regional Society of Jungian Analysts and the Philadelphia Association of Jungian Analysts. He has lectured widely on aspects of Hermetic Kabbalah, Tarot symbolism, and the western mystery school tradition.



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additional \$10**



BOTH SIDES NOW

Deldon Anne McNeely, PhD

The composer-singer Joni Mitchell wrote, “I look at clouds from both sides now,” in the 1960s. How she, after being moved by a book by Saul Bellow, chose this metaphor to describe the processing of ambiguities and mysteries, is an interesting story, but for another time.

Today we see that her metaphor is so relevant, especially to Jungian psychology. A basic principle of Jung’s is the value of looking at both sides of a matter, not getting stuck in a one-sided opinion or stance. This does not mean refusing to have an opinion or refusing to take a moral stand; it means considering the opposites and holding place for all opinions.

The political/cultural atmosphere we are living in presently fosters strong opinions and glaring judgments that cast no shadow and allow for no compromise. But instead of digging ourselves into a fortress,

let us consider opening, as clouds, seeing the issues from both sides. Each side has its fears, its anticipations of disaster. Each side is at the mercy of evolving social customs that neither side can control. Each side faces multiculturalism that cannot be denied. The question is, how do we respond to these evolving developments?

Each of us has our comfortable, familiar response to the developing world. To consider holding, instead, the unfamiliar, uncomfortable response to those developments means searching ourselves for other values, other emotions, other comforts, than our knee-jerk responses, and for tolerating a different picture or outcome than we would prefer. Allowing that picture to have its value, its place in the sun – at least to be able to contemplate that – is a step toward inner peace. It also is a step toward finding ways to compromise, contributing to outer peace. ☺

Renew your membership!

If your membership has expired, we want to welcome you back!

You can renew now at jungneworleans.org

Jung Society membership is open to all

For the annual \$60 membership fee, you receive free admission to evening programs and a discount on any Saturday workshops. Or, if you prefer, attend as a guest and pay \$10 for each program. You can join online now at jungneworleans.org.



C. G. JUNG SOCIETY OF NEW ORLEANS STATEMENT OF PURPOSE

Following the general thrust of Carl Jung's analytical psychology, the Society presents an interdisciplinary program to foster self-understanding by the individual. Jung's deepest interest was in arriving at insights capable of bringing genuine help to the individual. His theories laid the groundwork for a new understanding of man, the significance of which extends far beyond the boundaries of psychology in the conventional sense. The goals of the C. G. Jung Society, then, are to offer a forum for the exchange of ideas in the sphere of the humanities, that family of knowledge that deals with what it is to be human, to make value judgments, and to select wiser courses of action. As Jung often stressed, it is within the individual, and not on the level of collective social measures, that the problems of our age must be met and the foundations for a healthy society preserved and strengthened.

CONTINUING EDUCATION CREDITS FOR SOCIAL WORKERS AND LPCs

Most programs are approved for Social Work contact hours through Tulane School of Social Work and for LPC clock hours through the National Board for Certified Counselors (NBCC). The C. G. Jung Society of New Orleans has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5388. Programs that do not qualify for NBCC credit are clearly identified. The C. G. Jung Society of New Orleans is solely responsible for all aspects of the programs.

JUNG SOCIETY

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Learn more at neworleansjungianseminar.org

SPRING 2023 PROGRAM CALENDAR

In-Person Presentation

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Feb. 3 **A Jungian Individuation Journey?**
7:30 pm *Kathy Avsar, PhD, LPC, NCC, Jungian Analyst*
\$10, free to Jung Society members

Online via Zoom:

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7:30 pm **Psychotherapy with Trauma Survivors**
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May 5 **Drawing the Ego and the Self Together**
7:30 pm *Joseph Lee, LCSW, Jungian Analyst and*
Co-Creator of This Jungian Life Podcast
\$10, free to Jung Society members

Please put these dates on your calendar...we look forward to seeing you!

Website Address: jungneworleans.org

Meeting Address: St. George's Episcopal Church, 4600 St. Charles Avenue, New Orleans

Mailing Address: 609 Metairie Road, #171, Metairie, LA 70005

Please support the Jung Society by starting your shopping at smile.amazon.com.
Amazon will donate 0.5% of purchases to the non-profit of your choice.

C. G. Jung Society of New Orleans
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