



C.G. Jung Society

OF NEW ORLEANS

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The Doors of Perception

Del McNeely, PhD, Jungian Analyst

Jung belongs to the Romantic philosophy movement that grew in the 19th century in reaction to scientific thought and its emphasis on reason, logic and factual knowledge. The ability to prove facts scientifically was a great leap forward in human thought. Imagine being among the first to realize that the earth is not the center of the universe! That the earth is moving around the sun! A worldful of people rather suddenly had a new view of reality thrust upon them.

When we learned to measure and prove such facts, Logic was recognized as a grand accomplishment. But Jung and others saw that certain attitudes could become suppressed in the thrall of such scientific thrills. Human beings needed to be also sensitive to the intuitive, inspiring and immaterial aspects of life and nature, those images of unity and spirituality as well as material components. Separatio recognizes coagulatio.

Another early Romantic philosopher was William Blake, poet, artist, engraver, who in the 1790's wrote and illustrated an artistic book, *The Marriage of Heaven and Hell*. In that book he foresaw much of what Jung later focused on: the opposites complement each other in a good marriage. Instead of a polarizing view of heaven and hell, a complementary view is presented. Hell is not destructive energy, but repressed energy that needs to be expressed, as Dioynsian "hell" complements Apollo's more structured, systemized "heaven."

Blake's words were: If the doors of perception were cleansed everything would appear to man as it is: infinite. He was describing the effect of experiencing unity, a world of One, the Anima Mundi. He saw that we are distracted and inattentive to the wonder of the grand Being.

Aldous Huxley, writer and philosopher of Eastern wisdom and mysticism, took Blake's phrase, *Doors of Perception*, for the title of one of his works. Huxley was describing his experience of opening his perception through the use of psychedelic substances. That was not Blake's intention; he was describing the possibility of clearing one's mind of preoccupation with material distractions. But Huxley continued to explore influencing his perceptions through psychedelics for the rest of his life. Others continue to research and experiment with various chemical combinations to enhance awareness and deepen perceptions. Lately research is focused on psychedelics as a form of therapy as well as experience.

Huxley influenced the American rock band, led by Jim Morrison, to call themselves *The Doors*. Several other bands of the 1960's referred to Huxley's *Doors of Perception*, including Norwegian band *Ulver*, American bands *Judas Escariot* and *Virgin Steele*.

Influencing one's mind through psychedelics has continued to attract proponents and opponents. Some continue to explore the use of drugs for the benefit of mental health, whereas some oppose the use of substances and advocate meditative and non-material methods of changing awareness.

How does Jung's psychoanalytic method affect the doors of perception? Psychoanalysis aims to clarify our perception of reality by exposing our overly emotional complexes, enabling us to separate out our personal biases from the facts that prevail. In analysis we are able to isolate the effects of a complex and expose our responses to the data that reaches us, data that we easily overlook when we are captured by a com-

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The Doors of Perception continued

plex. As we become familiar with our avoidance of the significant data, we become more and more “cleansed” of our misperceptions.

Blake and Jung each recognized that focused awareness and attention to the psyche, and the role of the unconscious, allow us to open to insight and non-material information and to perceive the infinite and our place in the universe.

In these days of rampant narcissism we need to be aware of our relation to the infinite.

Deldon Anne McNeely is a psychologist, a Jungian analyst, and Advisor to the Board of Directors of the C. G. Jung Society of New Orleans

Your membership expires in September!

We want to welcome you back! You can renew right now at jungneworleans.org or when you attend our September program! Under our new membership policy, all memberships now expire in September (unless you joined during this year in which case we will extend your membership until September of next year).

Jung Society membership is open to all

For the annual \$60 membership fee, you receive free admission to evening programs and a discount on any Saturday workshops. Or, if you prefer, attend as a guest and pay \$10 for each evening program. You can join online now at jungneworleans.org.

NEW ORLEANS JUNGIAN SEMINAR

Founded in 1997, The New Orleans Jungian Seminar offers advanced study in the psychology of C. G. Jung. It is designed for individuals seeking to deepen their understanding of themselves, for mental health professionals desiring to enhance their perspectives and analytic skills, and for those intending to apply for analytic training with the Inter-Regional Society of Jungian Analysts (IRSJA). For more information, contact Constance Romero at 985-778-1641. An approved training center of the Inter-Regional Society of Jungian Analysts.

JUNGIAN DREAM GROUPS

NEW ORLEANS

Facilitator: Jungian Analyst Constance Romero. Information at 985-778-1641

COVINGTON

Facilitator: Shelby Rosenblum, LPC. Information at shelby.rosenblum.lpc@gmail.com



FALL 2023 PROGRAMS

Friday, September 8, 7:30 pm

The Archetype of the Feminine

The Feminine in the Work of Female Jungian Theorists

Presenter: **Lucie Magnus, MA, Jungian Analyst**

IN PERSON PRESENTATION AT ST. GEORGE'S, 4600 ST. CHARLES, NOLA

\$10, free to Jung Society members

"The feminine has been poorly understood, whether overvalued or undervalued; and though Jung is often contradictory and abstruse about an already abstruse subject, he has initiated a new and fundamentally important point of view: a study of the symbolic meaning of the feminine and its role in psychic functioning." -Ann Ulanov

C. G. Jung opened the door to the experience and understanding of the Feminine Archetype. The women in his circle and the women who have followed continue the archeological work of describing this concept. A Jungian approach differs from the biological and cultural definitions of the feminine by bringing to light a symbolic understanding of the nature of the feminine as a psychic element in both sexes. In times such as these, it may be useful to consider the Archetype of the Feminine as an aspect of objective psychic reality, inherent and latent in every human psyche.

Lucie Magnus is a Jungian Analyst in private practice in Birmingham, Alabama. She is an original participant in the New Orleans Jungian Seminar. She entered training with the Inter-Regional Society of Jungian Analysts in 2000 and graduated in 2007. She has been a member of the core teaching faculty of the New Orleans Jungian Seminar since 2007. She has held leadership positions in the IRSJA, serving on the Executive and Training Committees. She presents lectures and workshops around the Southeast.

**1.5 CE credit hours for LPCs and
Social Workers, additional \$10**

[Register online at jungneworleans.org](http://jungneworleans.org)





FALL 2023 PROGRAMS

Friday, October 6, 7:30 pm

There's Something Out There ...and In Here!

Presenter: **Mike Box, LPC, Jungian Analyst**

IN PERSON PRESENTATION AT ST. GEORGE'S, 4600 ST. CHARLES, NOLA
\$10, free to Jung Society members

Several years ago, I became re-encharmed with the idea of Bigfoot. As a child growing up in rural Mississippi, fueled by television shows like *In Search Of*, I was terrified by the idea of a hairy hominid living in the same swamps that were my playground. Later, as an adult, I became fascinated by the seemingly ubiquitous appearance of these same creatures in television shows and advertising. I asked myself, "What does this image serve for the modern individual and collective?"

In the 1950s, Jung wrote an essay addressing the highly popular idea of UFOs from the perspective of analytical psychology. When viewed as an image, Bigfoot lends itself to understanding "splitting" and "projection." It also serves as a mirror, allowing us to reflect on our relationship with the natural world, our place in it, and some of what may have been lost in our continual movement away from the natural world. We will explore this phenomenon psychologically and imagine what it may suggest about our relationship with the world around us.

Mike Box is a Jungian Analyst practicing in Jackson, Mississippi. The focus of his practice has been assisting clients in working through their addictions and overcoming trauma. His interests lie in the intersection of psychology, spirituality, and Nature. He completed graduate work at the Institute of Transpersonal Psychology in Palo Alto, California, and received analytical training from the Inter-regional Society of Jungian Analysts. He is a faculty member of the Memphis-Atlanta Jung Seminar.



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FALL 2023 PROGRAMS

Friday, November 3, 7:30 pm, via Zoom (Central Daylight Time)

The Vital Spark: Reclaiming Our Outlaw Energies

Presenter: **Lisa Marchiano, LCSW, Jungian Analyst and
Co-Host of the podcast *This Jungian Life***

ONLINE PRESENTATION

\$10, free to Jung Society members

There are qualities such as kindness, empathy, and agreeableness that can help us get and stay connected with each other, and there are fiery qualities such as anger, shrewdness, and forcefulness that can help us get and stay connected to ourselves. Roughly speaking, the first set of attributes foster relationship, while the second set enables personal empowerment and assertiveness. At work or in friendship, in marriages and partnerships, we often tend to focus on the other person, sometimes at our own expense.

Many of us, therefore, get cut off from part of our essential nature early in life. But these traits don't disappear, even when we banish them. They emerge as dark moods—irritability, resentment, or bitterness. They surface in chaotic or passive-aggressive acts that sabotage us or are ineffective. They turn up as symptoms--anxieties, panic attacks or depression. In this lecture, we will consider the inner and outer demand that many of us feel to be "nice." What are the benefits of being kind and accommodating? What are the costs? And how can we make sure this tendency doesn't get in the way of our authenticity and growth toward wholeness?

*Lisa Marchiano is a Jungian analyst, podcaster, and author. She is the co-host of the popular depth psychology podcast *This Jungian Life* and the co-creator of *Dream School*. She is on the faculty of the C. G. Jung Institute of Philadelphia and lectures widely on Jungian topics. She is the author of the award-winning book *Motherhood: Facing and Finding Yourself*. Her second book, *The Vital Spark: Reclaim Your Outlaw Energies and Find Your Feminine Fire*, will be published by *Sounds True* in February 2024. She is currently working with her *This Jungian Life* cohosts Deb Stewart and Joseph Lee on a third book on dream interpretation due in the fall of 2024.*



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FALL 2023 PROGRAMS

Tuesday, December 5, 7:30 pm

Trauma and the Tragedies of Love The Heart of Emotional Experience

Presenter: **Marilyn Marshall, LPC, Jungian Analyst**

IN PERSON PRESENTATION AT ST. GEORGE'S, 4600 ST. CHARLES, NOLA
\$10, free to Jung Society members

"The stirring up of conflict is a Luciferian virtue in the true sense of the word. Conflict engenders fire, the fire of affects and emotions, and like every other fire, it has two aspects, that of combustion and that of creating light . . . for emotion is the chief source of consciousness. There is no change from darkness to light or from inertia to movement without emotion (Italics mine) . . . A complex can be really overcome only if it is lived out to the full. In other words, if we are to develop further, we have to draw to us and drink down to the very dregs what, because of our complexes, we have held at a distance" (Jung CW 9i, p. 96-99).

A child has neither the capacity nor the consciousness to withstand the full force of emotions evoked in response to traumatic situations. He or she is too small, vulnerable and overwhelmed. Thus, aspects of the psyche naturally come forth to protect that child from the full emotional impact of the experience; defenses form. We all have such a child within and the genesis of those initial tragedies typically occurs in the temple of Love, in our early relationships with mother, father, caretaker, grandparents, siblings, extended family, etc. Through personal, clinical and archetypal illustrations, we will identify such trauma, address resulting psychic defenses and their 'complex' evolution, and explore the transformative process that develops through one's experience of unknown, forgotten, Dis-missed, heartbreaking and unredeemed emotions.

Marilyn Marshall is a Jungian Psychoanalyst in private practice in New Orleans. She is a Senior Training Analyst in the Inter-Regional Society of Jungian Analysts, a member of the International Association of Analytical Psychology, and a faculty member and past Coordinator for the New Orleans Jungian Seminar. Marilyn teaches and presents lectures, seminars and workshops. Publications include articles and reviews in Spring Journal, The Journal of Analytical Psychology and Psychological Perspectives.

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C. G. JUNG SOCIETY OF NEW ORLEANS STATEMENT OF PURPOSE

Following the general thrust of Carl Jung's analytical psychology, the Society presents an interdisciplinary program to foster self-understanding by the individual. Jung's deepest interest was in arriving at insights capable of bringing genuine help to the individual. His theories laid the groundwork for a new understanding of man, the significance of which extends far beyond the boundaries of psychology in the conventional sense. The goals of the C. G. Jung Society, then, are to offer a forum for the exchange of ideas in the sphere of the humanities, that family of knowledge that deals with what it is to be human, to make value judgments, and to select wiser courses of action. As Jung often stressed, it is within the individual, and not on the level of collective social measures, that the problems of our age must be met and the foundations for a healthy society preserved and strengthened.

CONTINUING EDUCATION CREDITS FOR SOCIAL WORKERS AND LPCs

Most programs are approved for Social Work contact hours through Tulane School of Social Work and for LPC clock hours through the National Board for Certified Counselors (NBCC). The C. G. Jung Society of New Orleans has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5388. Programs that do not qualify for NBCC credit are clearly identified. The C. G. Jung Society of New Orleans is solely responsible for all aspects of the programs.

JUNG SOCIETY

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Learn more at neworleansjungianseminar.org

FALL 2023 PROGRAM CALENDAR

In-Person Presentation

Friday **The Archetype of the Feminine:**
Sept. 8 **The Work of Female Jungian Theorists**
7:30 pm *Lucie Magnus, MA, Jungian Analyst*
\$10, free to Jung Society members

In-Person Presentation

Friday **There's Something Out There**
Oct. 6 **...and In Here!**
7:30 pm *Mike Box, LPC, Jungian Analyst*
\$10, free to Jung Society members

Online via Zoom:

Friday **The Vital Spark: Reclaiming**
Nov. 3 **Our Outlaw Energies**
7:30 pm *Lisa Marchiano, LCSW, Jungian Analyst and*
Co-Creator of This Jungian Life Podcast
\$10, free to Jung Society members

In-Person Presentation

Tuesday **Trauma and the Tragedies of Love:**
Dec. 5 **The Heart of Emotional Experience**
7:30 pm *Marilyn Marshall, LPC, Jungian Analyst*
\$10, free to Jung Society members

Please put these dates on your calendar...we look forward to seeing you!

Website Address: jungneworleans.org

Meeting Address: St. George's Episcopal Church, 4600 St. Charles Avenue, New Orleans

Mailing Address: 609 Metairie Road, #171, Metairie, LA 70005

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