



# C.G. Jung Society

OF NEW ORLEANS

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## What is a true psychological addiction? Spring program will explore the topic in depth

*David Schoen, LCSW, MSSW, Jungian Analyst*

**P** psychological addiction is not just a tendency to overindulge in alcohol, drugs, gambling, food, or fudge. Addiction is not laziness, bad habits or just human weakness. It is not simply a lack of willpower, motivation, self-discipline, initiative, education, or information. Addiction is not merely an extension of the abuse of substances or behaviors until they become dependencies. It is not merely moral or spiritual character weakness. It is not only the inability to resist temptation. It is not the use of alcohol or drugs or sex or gambling or food as a temporary response to stress, grief or a reactive situational depression. It is more than sociopathic super ego lacunae (a hole in the conscience).

Though many of these factors, elements and dynamics may be involved in an addiction, they are not sufficient in and of themselves to define or adequately explain it. A psychological addiction is not identical to a physical/medical addiction.

From my experience, observations and research, a psychological addiction must have two key components. First, the addictive substance, activity or behavior must ultimately take

over complete and total control of the individual psychologically; that is, it must take over control of normal ego functioning – thoughts, emotions, perceptions, actions, and behaviors.

And the second part of this definition is crucial: the addiction must take over control in an inherently destructive and ultimately life-threatening way. It is not an addiction unless it is a death sentence – not life in prison, not fifty years with probation or time off for good behavior. It is a death sentence of the mind, of the emotions, of the body, and of the spirit. It is a death sentence to the addicted person's career, community, marriage, family, and friends. It is not an addiction unless it has the lethal capacity and potential to kill the person.

Treatment is crucial and the correct treatment depends on the correct diagnosis. Unfortunately, I know of a number of good people who have died from untreated addiction. The principles of AA and the Twelve Steps are the best antidote for addiction and they are the most effective.

The Jung Society's March program will explore these ideas in depth. ☺

*David Schoen is a Licensed Clinical Social Worker and a Certified Jungian Analyst. He has a background as an alcoholism chemical dependency counselor.*

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## 4th Annual Art and Psyche presentations

Each spring Analyst Constance Romero introduces us to an artist who exemplifies the interface between Art and Jungian ideas. This May we will meet painter Georgia Trist whose personal story is a living example of Jung's process of Active Imagination. See pages 6 and 7 for a description of the Friday evening program and the Saturday morning workshop.



### C. G. JUNG SOCIETY OF NEW ORLEANS STATEMENT OF PURPOSE

Following the general thrust of Carl Jung's analytical psychology, the Society presents an interdisciplinary program to foster self-understanding by the individual. Jung's deepest interest was in arriving at insights capable of bringing genuine help to the individual. His theories laid the groundwork for a new understanding of man, the significance of which extends far beyond the boundaries of psychology in the conventional sense. The goals of the C. G. Jung Society, then, are to offer a forum for the exchange of ideas in the sphere of the humanities, that family of knowledge that deals with what it is to be human, to make value judgments, and to select wiser courses of action. As Jung often stressed, it is within the individual, and not on the level of collective social measures, that the problems of our age must be met and the foundations for a healthy society preserved and strengthened.

### CONTINUING EDUCATION CREDITS FOR SOCIAL WORKERS AND LPCs

Most programs are approved for social work contact hours through Tulane School of Social Work and for LPC clock hours through NBCC. The C. G. Jung Society of New Orleans is a National Board for Certified Counselors (NBCC)-approved Continuing Education Provider (ACEPTM) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The provider (ACEPTM) solely is responsible for all aspects of the program. For more information on NBCC-approved continuing education clock hours, see [www.nbcc.org](http://www.nbcc.org).

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*For more information about the Seminar, contact Constance Romero at 985-778-1641*



## SPRING 2017 PROGRAMS

Tuesday, January 3, 7:30 pm

### Healing the Narcissistic Wound

Presenter: Sarah Shelton, MS, LPC-S

Narcissism is currently a popular topic, inspiring articles that focus on the more antagonistic features of this character structure. This has often led to a caricatured view of the narcissist. Using the myth of Narcissus and Echo, as well as that of Demeter and Persephone, we will explore the traumatic origins of narcissism and the deep wounds at its heart. It has been said that just as hysteria was the predominant neurosis in the age of Jung and Freud, narcissism is the neurosis of our age. If this is so, it is in our best interest and perhaps is our moral duty to understand how this

character structure operates in order to better understand it in ourselves and in the collective.



*Sarah Shelton is a Licensed Counselor in private practice in New Orleans. She has studied with the New Orleans Jungian Seminar since 2013.*

\$15, students \$10, members free, \$5 additional for CEUs

Tuesday, February 7, 7:30 pm

### What's Your Type? A Brief Introduction to Jungian Typology

Presenter: Thomas M. Welsh, PhD

Carl Jung first used psychological type in an attempt to understand the differences between himself and Freud, as well as with his patients. The Myers-Briggs Type Indicator (MBTI) is often used to help individuals determine their psychological type. We will introduce the concepts associated with psychological type and will also focus on the impact that type has on relationships, the choices people make, and successful adjustments over the life span.

**Note:** Attendees at the talk will get much more out of the lecture if they bring their type testing results with them. There are several online versions of the Myers-

Briggs tests or other such similar psychological type tests readily available for free by searching: "free myers briggs test." Having one's MBTI results at the program will make the lecture more impactful.



*Thomas Welsh is a Licensed Psychologist in Mississippi and Louisiana. He received his PhD in Counseling Psychology from Indiana State University and his Masters in Education from Boston University.*

\$15, students \$10, members free, \$5 additional for CEUs



## SPRING 2017 PROGRAMS

Tuesday, March 7, 7:30 pm

### Archetypal Dimensions of Alcoholism and Addiction

Presenter: David E. Schoen, LCSW, MSSW

*"It is quite within the bounds of possibility for a man to recognize the relative evil of his nature (personal shadow), but it is a rare and shattering experience for him to gaze into the face of absolute evil (archetypal shadow)." C. G. Jung, "The Shadow," CW 9ii, par 19.*

We will explore the archetypal dimensions of alcoholism and addiction using images and stories from myth, fairy tales, and religion to amplify the materials and to help understand the implications of the archetypal in a true psychological addiction--especially the part played by Archetypal Shadow/ Archetypal Evil in the creation and sustaining of an addiction. Questions, comments, and discussion are encouraged.



*David Schoen is a Licensed Clinical Social Worker and a Certified Jungian Analyst. He has a background as an alcoholism chemical dependency counselor. He is a senior analyst in the Inter-Regional Society of Jungian Analysts, is co-founder and former coordinator of the New Orleans Jungian Seminar, and is the author of "The War of the Gods in Addiction."*

\$15, students \$10, members free, \$5 additional for CEUs

### DREAM GROUPS with Jungian Analyst Constance Romero

*"The dream is a little hidden door to the innermost and most secret recesses of the soul, opening into that cosmic night...long before there was any consciousness...A dream that is not understood remains a mere occurrence; understood, it becomes a living experience." -C. G. Jung*

In New Orleans or Mandeville, come explore your dreams with others in a welcoming environment designed to facilitate a connection to your unconscious life. Dreams fascinate and perplex us with their images and the myriad feelings they evoke in body and soul. As Jung writes, dreams come from a well deep within that connects us to the personal and transpersonal realms. If understood, dreams can enliven us, help us make meaning, and act as guides in our lives. The groups meet one Sunday afternoon per month from 4-6 pm. For further information, contact Constance Romero at [romeroce4@aol.com](mailto:romeroce4@aol.com) or call 985-778-1641. *Space is limited, so please reserve your place.*



## SPRING 2017 PROGRAMS

**Lecture:** Friday, April 21, 7:30 pm

**Workshop:** Saturday, April 22, 10 am - 1 pm

# Jungian Psychology and Analysis as Psycho-Spiritual Event, as Religious Occasion

Presenter: Terrill L. Gibson, PhD

In recent years there has been a drift in the philosophical envelope of Jungian analysis. This presentation suggests that the core, unique aspect of Jungian psychology and analysis in this age of increasing metric profession, psychology by the numbers, is its fundamental psycho-spiritual orientation, its essential anchoring in liminal realms. This multimedia presentation will use film and art to attempt a contribution toward this rehabilitation of craft, this re-visioning of Jungian psychology and analytic vocation as religious event, as sacramental occasion. A brief concluding aside will allude to the growing planetary dimensions of this psychology and craft,

stressing the urgency of reconnecting to the anima mundi spirit so wounded at the core of contemporary individual and collective psyche.



*Terrill Gibson is a Jungian analyst, Diplomate in the American Association of Pastoral Counselors, and Approved Supervisor for the American Association for Marriage and Family Therapy. He practices individual and family therapy with Pastoral Therapy Associates in Tacoma. He lectures and writes widely on the basic theme of the integration of psychotherapy and spirituality.*

Friday Lecture \$15, students \$10, members free, \$5 additional for CEUs

Saturday Workshop, \$45, students \$25, members \$35, \$5 additional for CEUs

## Jung Society membership is open to all

For the annual \$60 membership fee, you receive free admission to all nine evening programs, a discount on Saturday workshops, and checkout privileges at the Society's library. You can join online now at [jungneworleans.org](http://jungneworleans.org) or at the door anytime you attend one of the Society's monthly programs.

## Be more involved! Join us as a volunteer

We love our volunteers and include them in our board retreats and social events! Ever wonder how they help us? They assist with hospitality and refreshments, CEU applications, evaluation forms, room setup and breakdown, audiovisual, publicity, social media, website development, website updates, membership list maintenance, social events, retreats, dissemination of flyers, and many other things. We invite you to join us as a volunteer!



## SPRING 2017 PROGRAMS

# 4th Annual ART & PSYCHE IN NEW ORLEANS

Friday, May 19, 7:30 pm

## Dreams, Desire, and the Longing for a Creative Life

Facilitator: Jungian Analyst Constance Romero, LPC, LMFT, with Artist Georgia Trist, LCSW

Come join us for the 4th annual "Art and Psyche in New Orleans" facilitated by Jungian Analyst Constance Romero where, through presentation and lively discussion, we explore the interface between Art and Jungian ideas. This year we meet painter Georgia Trist, who is also a longtime psychotherapist and practitioner of Jungian work. Georgia

takes us deep into her Individuation journey, with all its desire, disappointment and discovery by sharing her experience of painting and dialoging with the images that have come to her in dreams. Her personal story provides us with a living example of Jung's process of Active Imagination.

Friday Lecture \$15, students \$10, members free, \$5 additional for CEUs



DREAM IMAGES BY GEORGIA TRIST

**Constance Romero, LPC, LMFT**, is a Jungian Analyst practicing in the Greater New Orleans area. She is a Senior Training Analyst with the Inter-Regional Society of Jungian Analysts and a faculty member of the New Orleans Jung Seminar. She lectures internationally on aspects of *Depth Psychology and the Creative Arts*.



**Georgia Trist** is a Licensed Clinical Social Worker who has been in practice for over twenty years in Metairie and Mandeville. Prior to her return to graduate studies in mid-life, she was an owner of The Quilt Cottage in New Orleans, where she taught the art of quilt making. She is a longtime member of The New Orleans Jung Seminar and has been studying oil painting at St. Joseph Abbey combining her interest in the psychological, spiritual and artistic realms.



## SPRING 2017 PROGRAMS

# 4th Annual ART & PSYCHE IN NEW ORLEANS

Saturday, May 20, 10 am-1 pm

## “But I Can’t Draw!” Bringing Dreams to Life

Facilitator: Artist Georgia Trist, LCSW

We all have the ability to explore our dreams through the exploration of line and color. Georgia has designed this workshop to facilitate the opening of new paths to dream amplification by pleasurable engaging with materials and

methods in a supportive environment. When we help give our dream images forms of visible expression we get closer to their potential meaning and life-giving energies. *A fee of 20.00 will be collected in advance for artistic materials.*

Saturday Workshop, \$45, students \$25, members \$35, \$5 additional for CEUs

DREAM IMAGES BY GEORGIA TRIST



# SPRING 2017 CALENDAR

Tuesday  
Jan. 3  
7:30 pm  
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*Sarah Shelton, MS, LPC-S*  
\$15, students \$10, members free, CEUs \$5

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Bringing Dreams to Life**  
Georgia Trist, LCSW  
\$45, students \$25, members \$35, CEUs \$5

*Put these dates on your calendar...we look  
forward to seeing you there!*

Meeting Address: Parker UMC, 1130 Nashville Avenue, New Orleans

Mailing Address: 609 Metairie Road, #171, Metairie, LA 70005

Website: [jungneworleans.org](http://jungneworleans.org)

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