



NEWSLETTER

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INDIVIDUATION AND SOCIETY

Excerpted from Becoming: An Introduction To Jung's Concept of Individuation

by Deldon Anne McNeely

The ability to learn from history is something we have often been too absorbed with ourselves to do. The connection with previous ages, with previous civilizations and empires, with our ancestors, with nature, and with future possibilities, all available to us in the collective psyche if we could only listen, would help our survival. This is a subject dear to many thoughtful scholars, a recent example being Jared Diamond. In his book, *Collapse: How Societies Choose to Fail or Succeed*, Diamond illustrates the effect of unconsciousness on the fate of many specific extinct civilizations. With attention to civilizations before us, we could be more enlightened about cultures and peoples of the world today, and about how our values interact.

More than that, Jung gave us a reason to believe that each of us is a participant in the cosmic creation responsible for adding to the consciousness of the universe. Perhaps each of us, by coming to know our own relationship to Self, contributes to the pool of consciousness in the universe. Each of us capable of understanding this has a responsibility for the evolution of mindfulness.

For example, when I think “an eye for an eye, a tooth for a tooth,” I think only about my personal pride. It is a leap of consciousness to realize that pure vengeance is a dead end. There were conditions when an attitude of dog-eat-dog, survival-at-any-cost, made sense. Information and resources were limited and strangers were a threat. But the world has shrunk and the human family is closely contained and connected; a different attitude is called for. Refusal to take revenge means thinking beyond mere pride in physical survival and seeing a larger picture that includes respecting the rights of others. If I take that leap, I begin to see something more useful in negotiating than in destroying my enemy. It is possible that that bit of increased consciousness contributes to the consciousness of the whole, as each drop of water contributes to the sea. Being curious — about your neighbor’s welfare, your nation’s policies toward the rest of the world, the welfare of other animal species and ecological systems, the condition of the planet — raises the level of consciousness of the whole by a little bit....

Early Greece produced plays that reflected such growth in awareness.... In their dramas the playwrights showed how generations of one family could be dominated by envy, vengeance, and murder, until an evolution of consciousness resulted in a system of justice. The patricides, fratricides, sacrificing of children, and slaying of enemies was replaced by a sense of restraint that allowed cooler heads to judge what was deemed fair. The Greeks gave credit to the gods for teaching them the advanced attitudes. Now we would say humans advance in consciousness through the awareness of potential benefits to all, through being Self-centric instead of egocentric....

For Jung, by becoming aware of a relationship with the Self, each individual is not abandoned to suffer the existential emptiness of individualism, but ultimately finds in his individual soul the presence of a whole universe and a relationship to its timelessness. We could come to discover and transform aspects of a spiritual presence in us through our own efforts to communicate with the Self. Some psychologists believe that the transcendent dimension could help us survive by creating a more tolerant and less selfish society. We could step outside of our personal values and see into the holiness of all of creation. We could feel connected to and responsible for all of creation.

DELTON ANNE MCNEELY is a diplomate in clinical psychology with a Ph.D. from Louisiana State University. She studied at the Jung Institute in Zurich and graduated in the U.S. from the Inter-Regional Society of Jungian Analysts, where she now serves in the training program. She has many publications including four books: *Becoming: An Introduction To Jung's Concept of Individuation*; *Mercury Rising: Women, Evil, and the Trickster Gods*; *Animus Aeternus: Exploring the Inner Masculine*; and *Touching: Body Therapy and Depth Psychology*. Born and raised in New Orleans, she lives and practices now in Virginia Beach and in Abita Springs, Louisiana.



**C. G. JUNG SOCIETY OF NEW ORLEANS
SPRING 2011 PROGRAM CALENDAR**

THE SOUL OF NEW ORLEANS

RANDY FERTEL, PH.D.

TUESDAY, FEBRUARY 1, 2011 | 7:30 PM | 2 CEUs

Believing that psychology should be practiced on the material world, James Hillman explores objects and places that express the human soul. In the aftermath of Hurricane Katrina, James Hillman and Randy Fertel cooked up an idea for a documentary, *Sea Level*, that would draw upon Hillman's career-long interest in cities as an expression of the human soul and on their belief that New Orleans in the long process of rebuilding was affirming Hillman's ideas.

In *Cities and Soul*, his writings on urban landscapes, Hillman lays out how, having since the days of Urban Renewal forsaken our cities rather than embraced their potential beauties, we have condemned ourselves to the anomie, alienation, and isolation our collective soul now suffers. Even damaged, New Orleans is the exception from which we must learn. Hillman writes of cities in general, "That flowing imagination that founded the city in the first place can be re-found. It is planted in our midst always ready to flower — if we begin, not with the 'problem' of what needs to be changed, or moved, or built, or demolished, but begin with what already is here, still stands and sings of its soul."

No city sings of the soul like New Orleans, but America has closed its ears to its visionary lessons. Believing New Orleans the canary that almost drowned in a national policy storm, Randy and James Hillman planned to explore how the city represents not the past, but a future from which we must learn if we are to avoid the catastrophes that global warming promises. Rather than pointing a finger and also rather than ignoring, they wanted to ask, "what can we learn from touching this raw wound?" Cassandra's curse was that her countrymen refused to listen to her oh-so-accurate prophecies. We must see and hear the Cassandra-city or America's walls will tumble as surely as our levees did. The documentary is at present on hold and may not move forward, but Randy will share some of the thoughts he and James Hillman had about the film and about New Orleans.

Randy Fertel, a native New Orleanian now based in New York and New Orleans, holds a Ph.D. from Harvard. He has taught English at Harvard, Tulane, LeMoyne College, the New School for Social Research, and the University of New Orleans, specializing in the literature of the Vietnam War. His forthcoming book, *The Gorilla Man and the Empress of Steak: A New Orleans Family Memoir*, is the tale of two distinctive people, his parents: Ruth Fertel, who found a New Orleans restaurant called Chris Steak House in the classified ads and from it built one of the largest steakhouse chains in the world, and Rodney Fertel, who raced horses, traveled the globe, and ran unsuccessfully for mayor of New Orleans on the platform of getting a gorilla for the zoo.

OIL IN THE GULF AND THE MISTRESS OF THE BEASTS: A JUNGIAN PERSPECTIVE

JUTTA VON BUCHHOLTZ, PH.D.

TUESDAY, MARCH 1, 2011 | 7:30 PM | 2 CEUs

The recent disastrous, unstoppable, and many-months-long gusher of slimy oil into the Gulf of Mexico has, among many other effects, forced us to look at our relationship to the earth we share with many other creatures. Conjoined with our Western, mostly Faustian and hierarchic approach to nature comes the mandate "Go West, Young Man!" and "Drill Baby, Drill!" along with the assumption that we are to explore and exploit, subdue, and dominate great Mother Earth. Correspondingly, what occurs "without" also happens within our psyches: the relational, feminine approach is devalued, resulting in reckless and rapacious greed, as we witnessed in the process of the great BP oil spill in the Gulf. Drawing from ancient myths and images and connecting them to the pelican, Louisiana's state bird, we will explore ways in which to heal our relationship to nature "without" as well as "within." This will be a lecture with slides and plenty of time for discussion.

Jutta von Buchholtz is a Zurich-graduated Jungian analyst. She has a Ph.D. in medieval literature from Vanderbilt and deeply appreciates the therapeutic power of psychological (Jungian) connections between the archetypal energies of myths, legends, fairy tales, dreams and modern man/woman's psyche. She is involved in training at the Jungian Seminars in New Orleans and Memphis and also at the Jung training schools in Zurich. She sees clients in Birmingham, where she lives, as well as in Baton Rouge and Pensacola. She gives lectures, conducts workshops and dream groups, and guides retreats in the U.S. as well as abroad. To learn more, go to her website, juttavonbuchholtz.com.

**THE PSYCHODYNAMICS OF ADDICTION
A WORKSHOP WITH DAVID SCHOEN, LCSW, MSSW
SATURDAY, APRIL 2, 2011 | 10 AM - 1 PM | 3 CEUs
\$35 MEMBERS; \$45 NONMEMBERS**

David will present an original overview of the psychodynamics of alcoholism and addiction, its creation psychologically, and its effective treatment through the Twelve Steps of AA. Why the Twelve Steps of AA work will be explained through the dual lenses of AA and Jungian psychology, based on the famous correspondence between Bill W., co-founder of AA, and Carl Jung.

The development of a typical addiction process will be described, along with the necessary ingredients for a true addiction, including an explanation of Archetypal Shadow/Archetypal Evil, and its role in the nature of an addiction. The significance of an accurate diagnosis and its implications for treatment is crucial. The concept of Archetypal Shadow/Archetypal Evil will be amplified in myth, fairy tales, religion, and with clinical material.

David Schoen, LCSW, MSSW, received his masters in social work from the University of Texas at Austin and completed his training as a certified Jungian analyst through the Inter-Regional Society of Jungian Analysts in 1996. He has had a private practice in Covington, Louisiana, for over 20 years and has background as an alcoholism and chemical dependency counselor dealing with all forms of addiction. He is presently a senior analyst in the Inter-Regional Society of Jungian Analysts and is involved with admissions, training and supervision of candidates. He has published several articles for journals in the United States and abroad. His books include *Divine Tempest: The Hurricane as a Psychic Phenomenon* (1998) and *The War of the Gods in Addiction: C. G. Jung, Alcoholics Anonymous, and Archetypal Evil* (2009).

**THE DARKLY SHINING HEART: AN EXPLORATION OF ANGER'S PARADOXICAL NATURE
DEEDY YOUNG, LCSW
TUESDAY, APRIL 5, 2011 | 7:30 PM | 2 CEUs**

Anger can wreak havoc in human lives; however, like archetypes that possess positive and negative polarities, anger also presents a constructive side. It can function paradoxically to both obstruct consciousness and provide a path to consciousness in the individual psyche. At the cultural level, anger's numinosity relates to the grave importance of the collective's capacity to engage anger and rage. Anger and rage to which we do not relate, but reject by means of repression and projection is a danger to ourselves and the wider world.

Anger is engendered at three levels in the psyche: instinctual anger, anger related to the development of consciousness, and anger at the level of the Self. Aeschylus illustrates these levels in his play, *The Eumenides*, via his depictions of the Furies, Apollo, and Athena. His portrayal of the encounter between the Furies and Athena reflects how analytic work with anger and rage and their underpinnings, coupled with giving anger and rage contained expression in active imagination, can serve to enhance the individual's conscious understanding and integration of these forces while moderating their original intensity. Such an approach serves the psychologically creative process of individuation, "a process by which a man [or woman] becomes the definite, unique being he [or she] in fact is" (1966, CW 7, par. 267). In addition to examining the archetypal material found in *The Eumenides*, film clips that bring these levels of anger to life will be presented.

Deedy Young, LCSW, was recently awarded a diploma from the Inter-Regional Society of Jungian Analysts upon completion of training. She lives and works in Lafayette, Louisiana.

BENEFIT FOR THE C. G. JUNG SOCIETY OF NEW ORLEANS
“OUT OF THE SHADOWS: A STORY OF TONI WOLFF AND EMMA JUNG”
PRODUCED BY THE ARCHETYPAL THEATER COMPANY
FRIDAY, MAY 20, 2011 | 7:30 PM
TICKETS: \$35 PER PERSON; \$60 PER COUPLE; \$100 FOR 4
FOR LOCATION & RESERVATIONS, CONTACT 985-892-1534 OR ROMEROCE4@AOL.COM

Join us for an evening that includes the Southern premiere of Elizabeth Clark-Stern’s play, “Out of the Shadows: A Story of Toni Wolff and Emma Jung,” presented by the Jung Society and produced by The Archetypal Theater Company. The play opens in 1910, as Sigmund Freud and his heir-apparent, Carl Jung, are changing the way we think about the mind and human nature. Jung’s 26-year-old wife Emma, a mother of four, aspires to help her husband develop the new science of psychology, but when 22-year-old Toni Wolff enters the heart of this world as Jung’s patient, her curious mind and her devotion to Jung threaten Emma’s aspirations. Toni and Emma’s rivalry for Jung’s heart and mind is passionate, yet, with the doors to the university barred to women of the Swiss aristocracy, they also find shared experience. As Toni and Emma explore both their antagonism and common ground, they struggle to know the essence of the enemy, the “Other,” as well as the power and depth of their own natures. “Out of the Shadows” follows Toni and Emma’s relationship over forty years while charting the parallel course of the field of psychology and some of its major players.

**JUNG, ALCHEMY AND ALCHEMICAL
IMAGERY IN FILMS**
STEPHEN FOSTER, PH.D.
THURSDAY, JUNE 2, 2011 | 7:30 PM

Suggested Viewing (not required):
American Beauty (1999) Directed by Sam Mandes
Moon (2009) Directed by Duncan Jones
What Dreams May Come (1998) Directed by Vincent Ward
Like Water for Chocolate (1992) Directed by Alfonso Ar

Jung’s interest in the collective unconscious and his fascination with Alchemy led him to new psychological understandings that aided in his clinical and life work. Alchemical images convey information, evoke feelings, and for the alchemist, moved a substance towards a spiritual product called “True Gold” or the “Philosopher’s Stone.” Modern film images also evoke feelings and imagination. This presentation will give an overview of alchemy and alchemical concepts, and will use film clips to illustrate alchemical themes, stages and processes.

Stephen Foster is a 2009 Diplomate Jungian Analyst with the Inter-Regional Society of Jungian Analysts. He is a Licensed Professional Counselor with a private practice in Boulder, Colorado. Stephen also holds a Ph.D. in organic chemistry and is an independent environmental consultant specializing in hazardous chemical environmental cleanup. He has combined his environmental experience with his interest in the nature archetype in the book called *Risky Business: A Jungian View of Environmental Disasters and the Nature Archetype* due for publication by Inner City Books in February, 2011.

JUNGIAN DREAM & STUDY GROUPS

MANDEVILLE DREAM GROUP with analyst Connie Romero: This is an ongoing group that meets monthly on Sunday afternoons from 4 - 6. For more information, contact Connie Romero (985-778-1641 | romeroce4@aol.com).

JUNGIAN READING GROUP, NEW ORLEANS, with analyst Del McNeely: Del’s monthly Jungian study group is currently reading William James’ *Varieties of Religious Experience*. The group usually meets one Monday per month from 12:30 pm – 2:30 pm at Parker. For more information, contact Del McNeely (757-721-2379 | earthlovr@earthlink.net).

THERAPISTS’ DREAM GROUP, LAFAYETTE, with analyst Deedy Young: The dreams of clients can be extremely valuable to a therapist. These communications from the unconscious offer clues about the archetypal dynamics of the dreamer’s psyche and the dreamer’s developmental issues, and the dreamer’s response sheds light on the dreamer’s personal history as well as the psychological territory into which the psyche wants to advance. If there is sufficient interest in the therapy community, analyst Deedy Young is interested in starting a dream group to look at dreams from a therapist’s perspective (within the bounds of client confidentiality and, of course, with the client’s permission). Contact Deedy Young (337-981-9601 | ddyoung100@aol.com) if you have questions or are interested in joining a potential therapists’ dream group.

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WORKSHOP REGISTRATION

Name _____

Address _____

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Workshop Location:
Parker Methodist Church
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THE PSYCHODYNAMICS OF ADDICTION
David Schoen, LCSW, MSSW, April 2, 2011
(Circle One: \$35 members; \$45 nonmembers)

**TICKETS TO THE JUNG SOCIETY BENEFIT
"OUT OF THE SHADOWS"**
MAY 20, 2011
\$35 per person; \$60 per couple; \$100 for four

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**C. G. JUNG SOCIETY OF NEW ORLEANS
SPRING 2011 PROGRAM CALENDAR**

<p>1/11/11 JUNG FILM NIGHT: THE PHANTOM OF THE OPERA MILTON VAVASSEUR & TERENCE TODD 6 pm - film Screening ; 8:30 pm - discussion</p>	<p>4/5/11 THE DARKLY SHINING HEART: AN EXPLORATION OF ANGER'S PARADOXICAL NATURE DEEDY YOUNG, LCSW 7:30 pm 2 CEUs</p>
<p>2/1/11 THE SOUL OF NEW ORLEANS RANDY FERTEL, PH.D. 7:30 pm 2 CEUs</p>	<p>5/20/11 JUNG SOCIETY BENEFIT "OUT OF THE SHADOWS: A STORY OF TONI WOLFF AND EMMA JUNG" Produced by The Archetypal Theater Company 7:30 pm \$35 per person; \$60 couple; \$100 for 4 Call 985-892-1534 for information</p>
<p>3/1/11 OIL IN THE GULF AND THE MISTRESS OF THE BEASTS: A JUNGIAN PERSPECTIVE JUTTA VON BUCHHOLTZ, PH.D. 7:30 pm 2 CEUs</p>	<p>6/2/11 JUNG, ALCHEMY AND ALCHEMICAL IMAGERY IN FILMS STEPHEN FOSTER, PH.D. 7:30 pm 2 CEUs</p>
<p>4/2/11 THE PSYCHODYNAMICS OF ADDICTION A WORKSHOP WITH DAVID SCHOEN, LCSW, MSSW 10 am - 1 pm \$35 members; \$45 nonmembers 3 CEUs</p>	

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