



NEWSLETTER

January - June, 2005

A Semi-Annual Publication of the C. G. Jung Society of New Orleans

Vol. 14, No. 1

SPRING IN NEW ORLEANS THE JOURNAL GETS A NEW HOME

One of the newest members of New Orleans' Jungian community also happens to be the world's oldest Jungian journal: *Spring Journal*, which moved its offices to New Orleans in the fall of 2003. *Spring Journal* has been the cosponsor of many of our recent programs, including Greg Mogenson (April 2005), Lyn Cowan (March 2005), Christopher Hauke, Michael Vannoy Adams, Michael Conforti, Christine Downing, and Jutta von Bucholtz.

Spring Journal traveled a long and somewhat winding path before it found its way to New Orleans. The *Journal* was launched in 1941 by The Analytical Psychology Club of New York and edited by Jane Pratt until 1969. Beginning with the 1970 issue, James Hillman became the *Journal's* editor and moved its publication first to Zurich, then later to Dallas and Connecticut. After James Hillman retired as publisher and senior editor in 1997, Nancy Cater and Jay Livernois took over publication of *Spring Journal*, and since 2003, New Orleanian Nancy Cater, JD, Ph.D., has been its sole publisher and editor, continuing its tradition of publishing some of the best-known names in the fields of Jungian psychology, archetypal psychology, and mythology.

Since taking over the *Journal*, Nancy has expanded its scope to include a new endeavor, Spring Journal Books. An excerpt from one of Spring Journal Books' newest publications, *Portrait of the Blue Lady: The Character of Melancholy*, by Lyn Cowan (our March, 2005, speaker) is reprinted in this issue.

Prior to taking over *Spring Journal*, Nancy was a Jung Society board member, and she continues working with us in special programming. Her efforts and generosity have made a great contribution to our program quality, and we wish her well in this new venture.

For more information on *Spring Journal*, call 524-5117 or see www.springjournalandbooks.com.

(See page eight for a sample listing of some of Spring Journal's contributors.)

LIBRARIAN'S CORNER A CELEBRATION OF STORIES

As we turn toward a new year, it seems well to focus our attention on a great and rich human gift: the gift of story. So many tales—in the forms of myth, legend, saga, fairytale, parable, creation story, fable, sacred text, folklore, song, poetry—carry worlds of wisdom within them. Without doubt, their wisdom is hard-won, or rather hard-earned, a rich and varied resource, a recounting of our oldest and deepest human memory.

In honor of this gift, I'd like to initiate a new library collection devoted to stories, folklore, and poetry of all kinds. So, next time you're cleaning bookcases of long-forgotten college texts, and you suddenly find yourself nose-to-nose with *Beowulf*, think of us! All gifts are tax-deductible, and we'll put them in a spot where they can live in fine company. Here are a few titles with which we begin our collection:

- *Myths from Mesopotamia: Creation, the Flood, Gilgamesh, and Others*. Oxford World Classics, translated by Stephanie Dalley.
- *Ka: Stories of the Mind and Gods of India*, Vintage. (Among other raves, this book is touted to be "the very best book about Hindu mythology that anyone has ever written.")
- *The Marriage of Cadmus and Harmony*, Roberto Calasso, Vintage. (A masterfully interwoven narrative of Greek mythology.)
- *Laxdæla Saga*, Unknown (c. 1245), Penguin Classics. One of the great classical Icelandic sagas, the story spans 150 years of a family dynasty from Iceland's earliest history.
- *American Indian Trickster Tales*, selected and edited by Richard Erdoes and Alfonso Ortiz, Penguin.
- *Favorite African Folktales*, edited by Nelson Mandela, Norton.
- *Grimm's Complete Fairy Tales*. Compiled by Jacob and Wilhelm Grimm, first published 1812 and 1815.
- *Every Tongue Got to Confess: Negro Folk-tales from the Gulf States*, Zora Neale Hurston, Harper Perennial.

Continued on page eight

PORTRAIT OF THE BLUE LADY

An excerpt from the new book
*Portrait of the Blue Lady:
The Character of Melancholy,*
by Lyn Cowan (March 4 & 5, 2005)
recently published by Spring Journal Books

There is an old saying: “One must needs scratch where it itches.” As it is for others who share a melancholic temperament with me, the itch of melancholy is always there, calling attention to itself, wanting the surface scratched to get to something deeper, wanting to be understood, to find some point to it all. But as any flea-bitten dog can tell you, the scratching relieves the itch only briefly, and then the fleas come back.

So this book is not a “cure” for melancholy: not a “treatment” for melancholy but of it. There are qualities and characteristics of melancholy that have social and individual redeeming value, and these qualities will receive the attention here they are denied elsewhere in our present world. The denial of these aspects of melancholy has added to the natural irritability and tendency to sarcasm that seems to belong to this temperament, and so the style of this book reflects my own restlessness and impatience with those who regard this most ancient affliction more as a curse than as the extraordinary gift it may be. They see the fleas, I am looking at the dog. Though not always pleasant and sometimes downright miserable, my melancholy still has served me well: it has forced a realistic outlook, a relentless pursuit of meaning in the chaos that passes for life, and it has served as a goad to escape the comforting but often tiresome glibness of contemporary American culture. I am less dissatisfied with the quality of my melancholy than I am with most of what is being done with and said about it. And I am hardly alone: any person of melancholic temperament who is forced to live in the thin sunlight of spurious optimism, who is told not to scratch the maddening itch (for which no effective flea powder has yet been invented), is kindred to me in spirit.

I have never understood why or how some people manage to persist in their optimism. What fraudulent hope fuels this sort of naivety? One has to be completely ignorant of history—any history, anyone’s history—and be intellectually younger than eight years old in order to be chronically optimistic, and even most eight-year-olds know something of pain, hardship, betrayal, and how precarious is the trust placed in adults.

My primary “field of research” has been the weed-and-flower patch of experience. Robert Burton, the seventeenth-century cleric and melancholic scholar with whom we will visit many times in this book, has been my example in this approach: “That which others hear or read of, I felt and practiced myself; they get their knowledge by books, I mine by melancholizing.”

“Melancholizing” is, to my mind, the art of being unresistant to the melancholic state and perceiving one’s experience from within it. It means wearing blue-tinted glasses, to see in a dimmed light, to notice how life is in the darker moods. It means understanding the melancholic mood as a mood that cultivates memory, deep thought, allows for insight, provides solid grounding, and encompasses what is best described as a religious attitude that brings a sense of significance to even the small events and experiences of life. It is also a difficult and painful psychological condition that moves one—unwillingly, but sometimes with a sense of necessity—to the center of the most intolerable emotions: unbearable loneliness, tormenting lovelessness, inconsolable grief, and stark, red-eyed despair.

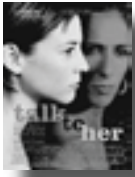
“Melancholizing” also partly means “personifying,” as James Hillman has elaborated in *Re-Visioning Psychology*. “Dame Melancholy,” portrayed in various forms through several centuries, is best personified in Dürer’s engraving *Melancholia I*. I have taken this image of her as Muse, and in the first part of this book she will speak in her own voice as I imagine she might. Like the figure in Dürer’s engraving, I too have a tendency to sit, staring intensely, or glaring, not so much still as coiled. She seems to me to express imminent movement in a state of suspended activity, which I experience as restlessness. The more deeply I feel myself into what she evokes, the more Muse-like she becomes, the more melancholic I become, and I perceive her then as a woman of contained power, a divine Muse.

I have tried to let the spirit of Dame Melancholy, the Blue Lady, infuse this book. As shown by Dürer in this particular portrayal, she is clearly no shrunken hag, rotten with the old medieval sin of *acedie*, spiritual despair, laziness, sloth. She is a majestic personage, pregnant with possibility, cramped for space to soar on powerful wings of imagination. Perhaps better than any other image, she embodies the paradox, frustration, and capacity for insight that characterizes the melancholic temperament: fierce introspection, a passionate preoccupation with the past, the ability to see far and deeply within, the constraints of too much thought that never, or only with painful slowness, seems to move forward into action.

Lyn Cowan, Ph.D., our March 4-5, 2005, speaker, has been a practicing Jungian analyst since 1980. Recently re-located to Houston, Texas, from the Twin Cities, Minnesota, she teaches at the C.G. Jung Education Center of Houston and has a private analytic practice. She served as Director of Training of the Inter-Regional Society of Jungian Analysts for six years and is a past president of the Society, and was a Professor of Psychology for 10 years at Argosy University in Minnesota. She is also the author of *Tracking the White Rabbit: A Subversive View of Modern Culture* and *Masochism: A Jungian View*.



SPRING 2005 PROGRAM CALENDAR



**JUNG FILM NIGHT:
PEDRO ALMODÓVAR'S "TALK TO HER"
HOSTED BY CHARLOTTE MATHES, PH.D.
TUESDAY, JANUARY 11, 2005
6 PM FILM, 8 PM DISCUSSION**

In Pedro Almodóvar's masterpiece film *Talk to Her*, a travel writer and a male nurse wait by the bedsides of their lovers, who have suffered brain damage. Their total devotion to these women evokes strong emotions of loneliness and betrayal. We will discuss the film in relation to Jung's concept of the mother complex and how being caught in the mother impacts relationships. *Talk to Her* won the 2003 Golden Globe for Best Foreign Language Film (Spain) as well as the Oscar for best screenplay, and Almodóvar was nominated for the Oscar for best director.

Charlotte M. Mathes, Ph.D. is a certified Jungian analyst, a clinical member of the American Association of Marriage and Family Counselors, and a board-certified supervisor for clinical social workers. A graduate of the C.G. Jung Institute in Zurich, Switzerland, she received her doctoral degree in psychoanalysis from the Union Graduate School in Cincinnati and has been in private practice in New Orleans for over 15 years. She is awaiting publication of her new book, *And A Sword Shall Pierce Your Heart: Moving from Despair to Meaning After the Death of a Child*.



**A VALENTINE SMORGASBORD OF LOVE
DELTON ANNE MCNEELY, PH.D.
TUESDAY, FEBRUARY 15, 2005
7:30 PM**

A valentine smorgasbord (a *smorgasbord*, that is, not a smorgasbordello) of love: love in the body, love in the brain, love in the cells, love in the archetypes, love in the nursery, love in the laboratory, love is in the air, and perhaps, even on the earth. The lecture will describe some of the new findings made possible by magnetic resonance imaging and other neurobiological tests that confirm the intuitions of depth psychologists about the mother-child relationship, attachment theory, and the heart-brain connection. It will also touch upon comparative data between physics and psychology as explored by Jung and Nobel physicist Pauli, including quantum theory, which has led some philosophers to leap ahead in assuming that it confirms their ideas about mysticism and spiritual healing. While these conclusions are far from acceptable to hard-minded scientists, the philosophers seem to be right in agreeing that physics no longer precludes a relationship between psyche and matter, a view which was not possible under the old-world model of matter-as-machine. Jung's *Unus Mundus* now appears to be a more current model of our world, and we will explore implications for loving in this world of the 21st century.

Deldon Anne McNeely is a diplomate in clinical psychology with a Ph.D. from LSU. She studied at the Jung Institute in Zurich and graduated in the USA from the Inter-Regional Society of Jungian Analysts, where she now serves in their training program. She is on the staff of the New Orleans Jungian Seminar and is a patron to the Baton Rouge Jung Society. Dr. McNeely was trained in dance and body therapies by Malcolm Brown, Gabrielle Roth, Carolyn Fay and others, has been interested in group and couples therapy, and was active in training group therapists before beginning analytic study. Born and raised in New Orleans, she lives and practices now in Virginia Beach. She and her husband spend several months each year in Portugal where she is engaged in establishing the first program of studies in analytical psychology for Portuguese professionals. She has many publications including three books: *Mercury Rising: Women, Evil, and the Trickster Gods*, *Animus Aeternus: Exploring the Inner Masculine*, and *Touching: Body Therapy and Depth Psychology*.

EVENING PROGRAMS

FREE TO MEMBERS, \$10 GUESTS

PARKER MEMORIAL UNITED METHODIST CHURCH

1130 NASHVILLE AVENUE

SEABISCUIT: THE LITTLE HORSE THAT COULD, AND DID, AND STILL DOES

LYN COWAN, PH.D.

FRIDAY, MARCH 4, 2005, 7:30 PM

The word “hero” in our day, when applied to many so often, begins to lose its mythic sense. The mythic Hero is larger than life, and must accomplish impossible tasks at great risk, bringing hope and even redemption to lesser mortals. But the Hero stands in an important relationship to the Self, and implied in the Hero’s grand mission are ideas of personal responsibility and vocation, two themes we meet often in Jung’s theory of individuation but do not often examine. This presentation — for everyone who saw the movie, read the book, or needs a reason to do either — will use clips from the film and will invite a conversation about the collective psychological phenomenon that was a horse named “Seabiscuit,” a true mythic Hero, and the human partners who engaged with him in a mutual process of transformation.

LYN COWAN



Lyn Cowan, Ph.D., has been a practicing Jungian analyst since 1980. Recently re-located to Houston, Texas, from the Twin Cities, Minnesota, she teaches at the C.G. Jung Education Center of Houston and has a private analytic practice. She served as Director of Training of the Inter-Regional Society of Jungian Analysts for six years and is a past president of the Society, and was a Professor of Psychology for 10 years at Argosy University in Minnesota. Her books include *Portrait of the Blue Lady: The Character of Melancholy*, recently published by Spring Journal Books, *Tracking the White Rabbit: A Subversive View of Modern Culture*, and *Masochism: A Jungian View*.

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SPRING
JOURNAL

IMAGES IN A MELANCHOLIC VOICE

A WORKSHOP WITH LYN COWAN, PH.D.

SATURDAY, MARCH 5, 2005, 10 AM - 4 PM

\$65 MEMBERS, \$85 GUESTS

Until the mid-19th century, melancholy was imagined as an affliction from the gods, a madness characteristic of genius, and a difficult temperament. At the height of the Renaissance, it was imagined in personified form as a majestic female figure; artists and poets looked to her as their Muse. But, in the 20th century, melancholy all but disappeared from the professional imagination, to be replaced by the diagnostic categories of depression.

This workshop will focus on melancholy as a matrix of creativity and seek to answer these questions: How can we hear the Muse in our own melancholic moments? What sort of expression does the Muse give us when we try to express something from a melancholic place in the psyche? Why is this important for our psychic health? *Participants are asked to bring paper and pen.*

DREAMS AND THE INNER LIFE

GREG MOGENSEN, MA

FRIDAY, APRIL 1, 2005, 7:30 PM

Dreams are spontaneous expressions of our psychic life process. Rich in images and metaphors, they reveal the manner in which events of our lives and imperatives of our becoming combine to create our experience of meaning, our sense of soul. In this lecture, the presenter will discuss a collection of dream motifs he has gathered over many years that vividly illustrate the vital contribution dreams make to our inner and outer lives.

In each of us there is another whom we do not know. He speaks to us in dreams and tells us how differently he sees us from the way we see ourselves. When, therefore, we find ourselves in a difficult situation to which there is no solution, he can sometimes kindle a light that radically alters our attitude—the very attitude that led us into the difficult situation. - C. G. Jung

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1130 NASHVILLE AVENUE

GREG MOGENSEN



Greg Mogenson, MA, is a Jungian analyst practicing in London, Ontario, Canada. The editor of the Studies in Archetypal Psychology book series published by Spring Journal Books, he is also the author of many articles in the field of analytical psychology. His books include *God Is a Trauma: Vicarious Religion and Soul-Making*, *Greeting the Angels: An Imaginal View of the Mourning Process*, *The Dove in the Consulting Room: Hysteria and the Anima in Bollas and Jung*, and most recently, *Dialectics and Analytical Psychology: The El Capitan Canyon Seminar*, co-authored with Wolfgang Giegerich and David L. Miller. A forthcoming book, *Northern Gnosis: Thor, Baldr, and the Volsungs in the Thought of Freud and Jung*, will be published by Spring Journal Books in 2005. His webpage features many of his published articles. It may be visited at www28.brinkster.com/gregmogenson

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SPRING
JOURNAL

MY FAIR HYSTERIA A WORKSHOP WITH GREG MOGENSEN, MA SATURDAY, APRIL 2, 2005, 10 AM - 4 PM \$65 MEMBERS, \$85 GUESTS

Does psychoanalysis have a muse? In George Bernard Shaw's play *Pygmalion*, and in the musical adaptation of that play, *My Fair Lady*, Henry Higgins, a professor of phonetics, undertakes to teach the vulgar flower-seller, Eliza Doolittle, to speak the King's English. More than once during this process, however, the tables are turned, Miss Doolittle working a change in the arrogant Higgins. Drawing an analogy between this "talking cure" and the "talking cure" of psychoanalysis, the presenter will explore the Miss Doolittle-like role that hysteria has played and continues to play in the creation and development of psychoanalysis, both Freudian and Jungian. Issues ranging from sexuality and the transference, the spiritual aspect of the unconscious, and the role of the anima in deepening reflection will be explored in terms of a contrast between what the presenter calls a lower and a higher hysteria.



WHO NEEDS HARRY POTTER? VICTORIA HIPPARD, MSW, LCSW TUESDAY, MAY 10, 2005, 7:30 PM

Harry Potter proceeds on a hero's journey encountering metaphorical and archetypal creatures and situations. In the collective unconscious of C.G. Jung, the themes of abandonment, loss, initiation, and mastery are not Harry's alone, but ours as well. Illustrations will be provided from the books and movies in a format that combines interaction and lecture.

Victoria Hippard, MSW, LCSW is currently writing her dissertation on Harry Potter for a Ph.D. in mythological studies and depth psychology at Pacifica Graduate Institute in Santa Barbara, CA. In addition to adjunct teaching, she sees clients in long-term psychotherapy. She consults regularly with her 13-year-old son, the real expert on Harry Potter.



JUNG FILM NIGHT: "EAST OF EDEN" HOSTED BY TOM WELSH, PH.D. TUESDAY, JUNE 7, 2005 6 PM FILM, 8 PM DISCUSSION

Winner of numerous awards including an Oscar, Golden Globe, and Cannes Film Festival award for best dramatic film, this 1955 saga is based on John Steinbeck's rendition of the Cain and Abel story. Set in lettuce-growing Salinas and the bawdy

EVENING PROGRAMS

FREE TO MEMBERS, \$10 GUESTS

PARKER MEMORIAL UNITED METHODIST CHURCH

1130 NASHVILLE AVENUE

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Nina Kelly
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Danny Simmons
Carl M. Sutherland
Margie Villere
Tom and Susan Welsh

port of Monterey, California, just as World War I is breaking out, *East of Eden* is a classic tale of the wages of righteousness where the well-meaning “good” father projects his un-lived shadow life onto his “bad” son, played by James Dean. The tables are turned when the “bad” son introduces his “good and perfect” brother to their mother, who he had been told had died long before. Many examples of enantiodromia or “running toward the opposite” are seen in the protagonist’s one-sidedness.

Tom Welsh, Ph.D., is a licensed Louisiana psychologist with a Jungian orientation in private practice in New Orleans. His specialty areas are psychological type, adult ADHD, stress management, career counseling, and second half of life issues.

JUNG SOCIETY INFORMATION

ABOUT US: The C. G. Jung Society of New Orleans is a private nonprofit organization established to promote educational programs. Following the general thrust of Carl Jung’s analytical psychology, the Society presents an interdisciplinary program to foster self-understanding by the individual. Jung’s deepest interest was in arriving at insights capable of bringing genuine help to the individual.

PROGRAMS AND MEMBERSHIP: We have programs September through May, usually on the first Tuesday of the month. Membership for the year is \$50 for individuals and \$25 for student and clergy and entitles the member to free admission to regular programs and discounted enrollment at workshops. Admission to lectures for nonmembers is \$10. Free memberships, via the use of our working scholarships, are currently available in limited numbers. This is in exchange for your time before, and possibly after, meetings. Please ask Dottie Grandolfi for more details.

CONTINUING EDUCATION PROGRAM: The Jung Society is a pre-approved National Board of Certified Counselors provider of Continuing Education Hours (CEH). A sign-up sheet will be provided prior to the beginning of each meeting and a certificate of attendance afterward. NBCC rules require you to enter your name before the meeting starts in order to qualify for credit. Tapes of some lectures and workshops are available by request.

GOODYEAR MEMORIAL LIBRARY: Stephanie Thibodeaux is our librarian and may be contacted by leaving a message at 895-8556 or by e-mail at library@jungneworleans.org. The library opens at 6:30 p.m. before the monthly meetings. For a one-time charge of \$20, members may purchase library cards that allow them to borrow books and audio or video tapes.

BOOK SALES THROUGH MAPLE STREET BOOKSHOP: Books that relate to the topic will be for sale at each meeting. Carol Antosiak will bring the books from Maple Street Bookshop and will be able to help with any special book requests you may have. Our library fund receives a credit of 15% of the price of any book purchased by a member at the Maple Street Bookshop. Just tell them you are a Jung Society member.

WEBSITE: Additional information about the society and our programs is available on our website at www.jungneworleans.org.

**IMAGES IN A MELANCHOLIC VOICE
A WORKSHOP WITH LYN COWAN**

Jungian analyst and author of Tracking the White Rabbit: A Subversive View of Modern Culture, Masochism: A Jungian View,, and Portrait of the Blue Lady: The Character of Melancholy

**SATURDAY, MARCH 5, 2005, 10 AM - 4 PM
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1130 NASHVILLE AVENUE, NEW ORLEANS**

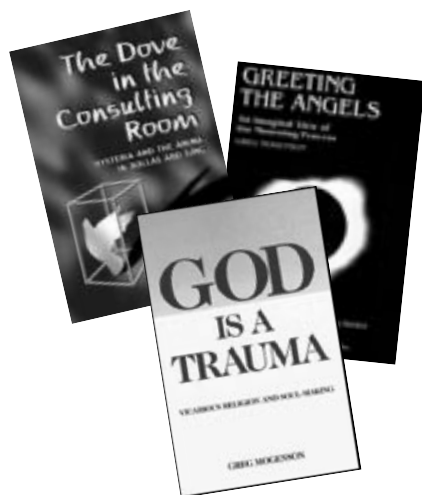


How can we hear the muse in our own melancholic moments?



**MY FAIR HYSTERIA
A WORKSHOP WITH GREG MOGENSEN**

Jungian analyst and author of God Is a Trauma, Greeting the Angels, The Dove in the Consulting Room, Dialectics and Analytical Psychology: The El Capitan Canyon Seminar, and Northern Gnosis: Thor, Baldr, and the Volsungs in the Thought of Freud and Jung, coming in 2005 from Spring Journal Books



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Does psychoanalysis have a muse?

Name _____
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WORKSHOP LOCATION:
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1130 Nashville Avenue
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**IMAGES IN A MELANCHOLIC VOICE
MARCH 5, 2005, WORKSHOP**
(Circle One: \$65 members; \$85 nonmembers)

**MY FAIR HYSTERIA
APRIL 2, 2005, WORKSHOP**
(Circle One: \$65 members; \$85 nonmembers)

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(Circle One: \$100 benefactor; \$50 individuals; \$25 student/clergy)



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E-mail info@jungneworleans.org
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New Orleans, LA 70184-4451



SPRING 2005 PROGRAM CALENDAR

1/11/05 **JUNG FILM NIGHT: "TALK TO HER"**
Hosted by Charlotte Mathes
6 pm film; 8 pm discussion / Parker

4/1/05 **DREAMS AND THE INNER LIFE**
Greg Mogenson / 7:30 pm / Parker

2/15/05 **A VALENTINE SMORGASBORD OF LOVE**
Deldon McNeely / 7:30 pm / Parker

4/2/05 **MY FAIR HYSTERIA**
A Workshop with Greg Mogenson
10 am - 4 pm / Parker

3/4/05 **SEABISCUIT: THE LITTLE HORSE THAT
COULD, AND DID, AND STILL DOES**
Lyn Cowan / 7:30 pm / Parker

5/10/05 **WHO NEEDS HARRY POTTER?**
Victoria Hippard / 7:30 pm / Parker

3/5/05 **IMAGES IN A MELANCHOLIC VOICE**
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6/7/05 **JUNG FILM NIGHT: "EAST OF EDEN"**
Hosted by Tom Welsh
6 pm film; 8 pm discussion / Parker



**C.G.
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SPRING JOURNAL PAST & PRESENT

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Mircea Eliade	Greg Mogenson
Marie Louise von Franz	Michael Vannoy Adams
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Gerhard Adler	Marion Woodman
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Journal Books

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Christine Downing
Lyn Cowan
Wolfgang Giegerich
Greg Mogenson
Michael Conforti
Linda Schierse Leonard
Tom Cheetham

Librarian's Corner, continued

- *The Faithful Gardener: A Wise Tale about That Which Can Never Die*, Clarissa Pinkola Estés, Sounds True (audiocassette). A beautiful memoir of a much-loved uncle, a war refugee from old Hungary, woven into a story about the creation of all stories and ending with the title's promise.
- *The Read-Aloud Handbook*, Jim Trelease, Penguin. Recommendations for good children's read-aloud books plus helpful how-to tips.



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