



NEWSLETTER

January - June, 2004

A Semi-Annual Publication of the C. G. Jung Society of New Orleans

Vol. 13, No. 1

Susan Tiberghien

May 7 - 8, 2004



Susan Tiberghien joins us again May 7 and 8 for a lecture and writing workshop titled *Where Life Finds Meaning: Dreams, Contemplation, and Creativity*. Her May 7 lecture will draw from the writings of St. Teresa, Jung, Thomas Merton, John Sanford, and others and will focus on the connection between dreams and prayer and their role as

When God is in the soul, i.e., when the soul becomes a vessel for the unconscious and makes itself an image for it, this is truly a creative state.

- C. G. Jung

the wellspring of creativity, while her May 8 writing workshop will allow participants to work with their own dream images and dialogue with them. Susan Tiberghien is the author of the memoirs *Looking for*

Gold and Circling to the Center. She lives in Switzerland and teaches writing workshops in the US and Europe. See the calendar on pages 3 - 4 for more information.

Thanks for the Memories

Thanks to all who attended our 15th anniversary party and especially to our donors for their generous contributions:

Judy Rush Eckhardt and Beaulieu Vineyards, for a donation of a basket of wine and wine-tasting party for 40 to be raffled;

Ben Lazich and The Wine Seller, for a donation of a bottle of wine to be raffled;

Maple Street Book Shop, for a donation of Ronald Hayman's *A Life of Jung* to be raffled;

Blanche and Mat Gray and Travis and Joan Harrison, for donating the wine for the anniversary party.

James Hollis

June 4 - 5, 2004



Analyst James Hollis returns to New Orleans June 4 and 5 for a lecture and workshop on relationships based on his book *The Eden Project: In Search of the Magical Other*. His lecture will discuss the relationship between self and Other, the search for the "Magical Other," and the projection/

transference dynamics of the relationship paradigm itself — the "Eden project." In the workshop, participants will work with a series of questions and exercises to explore their

... the primary motive, the hidden agenda in any relationship, is the yearning to return. It is ... the Eden project...."

- James Hollis

sense of self and observations about the "Other" in search of patterns, yearnings, and repetitions. James Hollis, Ph.D., is a Zurich-trained Jungian analyst in private practice in Houston, Texas, where he is also executive director of the Jung Educational Center of Houston. He has written ten books, the latest being *The Archetypal Imagination, Creating a Life, On This Journey We Call Our Life*, and most recently, *Mythologems, Rendering the Invisible World Visible*. See the calendar on pages 3 - 4 for more information.



Centerpoint will return to New Orleans sometime in spring, 2004!

See the article on page seven for a description of Centerpoint and more information about upcoming classes.

Jung and the Archetype

Battle Bell

Archetypes of the collective unconscious are basic building blocks of the human personality. Carl Jung came up with this idea for our time, developing his understanding of it from writings going all the way back to the ancients. This piece is intended to be a short introduction to Jung and what he came up with.

Emilie Preiswerk was deeply intuitive. She passed this influence on to her son, Carl Gustav Jung (nee 1875), which evidently influenced his openness to the archetypes of the collective unconscious. He loved anthropology and was interested in the history of the human race and the world in general. His interests led him to mythology and early religions, which became the groundwork for understanding how their stories reflect the basic nature of the collective unconscious. He later studied medicine, and psychiatry in particular. His path and background are clearly opposite to that of his early mentor Freud. Freud was a neurologist. He was more extroverted than Carl and was closer to Darwinian rationalism in his approach to scientific phenomena.

The idea of archetypes was not foreign to Freud, who called them archaic remnants. He, however, understood them to be dark and muddy and better left alone. During his early years Jung accepted Freud's use of archaic remnants as simply being there, that is, until his dream of being in "... a house I did not know, which had two stories (and a basement). It was 'my house'..." (*Memories, Dreams, Reflections*, CG Jung, Aniela Jaffe. London, 1963.) The discovery of ancient skeletons and prehistoric bones in the subbasement of this dream led Jung to think more of these images as the age-old building blocks of the human psyche.

In dreams and other psychic mentations, after exposing the personal associations of an image coming from the daytime residue, we are faced with expressions of a different order. Jung describes this, saying that, when we have obsessive or highly emotional dreams and the personal associations don't seem to help us understand what is going on, we are usually facing an archetype. This is a situation we have not seen before and the associations normally found in our dreams aren't able to express it. Archetypes cannot be understood from the individual's life story and they seem to be "aboriginal, innate, and inherited shapes in the human mind." (*Man and His Symbols*, C.G. Jung, M.L. von Franz, J. Henderson, J. Jacobi, A. Jaffe. London, 1964.)

The archetype is a tendency to form representative motifs — representations that can vary a great deal without losing their basic pattern. From culture to culture the motif of, say, the Hero, varies. But its basic structure remains the same. This too can be said about the individual. We each have the Hero within us, but it is structured uniquely. The collective unconscious is the whole psychic field of the archetypes.

"This immensely old psyche forms the basis of our mind, just as much as the structure of our body is based on the general anatomical pattern of the mammal. The trained eye of the anatomist or the biologist finds traces of this original pattern in our bodies. The experienced investigator of the mind can similarly see the analogies between the dream pictures of modern man and the products of the primitive mind, and its 'collective images,' and its mythological motifs.

"Just as the biologist needs the science of comparative anatomy, however, the psychologist cannot do without a 'comparative anatomy of the psyche.' The psychologist must have a sufficient experience not only of dreams and other products of unconscious activity, but also of mythology in its widest sense. Without this equipment, nobody can spot the important analogies; it is not possible, for instance, to see the analogy between a case of compulsive neurosis and that of a classical demonic possession without a working knowledge of both." (*Man and His Symbols*.)

Once we see the validity of archetypes and that their energy field is the collective unconscious, we have a broader awareness of what it means to be human. Knowing what is possible, we can grow into a broader relationship with our unique selves. And this leaves us at the threshold of individuation — a story for another time.

Battle Bell is a Jungian Analyst trained at the C. G. Jung Institute in Zurich who has had an analytic practice in New Orleans since 1986. He is also the advisor to the C. G. Jung Society of New Orleans.



SPRING 2004

Evening Programs
Free to Members, \$10 guests
Parker Memorial United Methodist Church
1130 Nashville Ave. (corner of Perrier St.)
Doors open 30 minutes prior to program

The "Complex-ity" of Movies

Marilyn Marshall, LPC

Tuesday, February 3, 2004

7:30 pm



Why is it that certain movies stand out for us, individually and/or collectively? Why are particular images from movies so easily recalled while others have faded from memory? How is it that one person describes a movie as "great" while another thinks it mediocre? Jung makes a statement that answers such questions when he describes the movie as "a psychotherapeutic institute . . . [for] at a movie we are invited to the staging of our complexes." With this in mind, we will review Jung's "complex theory," explore complexes through images and characters in recent movies, and discover the significance of our experiences of movies. Marilyn Marshall is a licensed professional counselor in private practice in New Orleans and Covington. She is also a candidate in training with the Inter-Regional Society of Jungian Analysts through the New Orleans Seminar.

Suggested Viewing List: *The Hours*, *American Beauty*, and your personal movie favorites



The Archetype of the Southern Belle

Lucie Magnus, MA, LPC

Tuesday, March 2, 2004, 7:30 pm

"To grow up female in the South is to inherit a set of directives that warp one for life, if they do not actually induce psychosis." - Shirley Abbott

This presentation will explore the divine and demonic archetypal forces that converge to shape the cultural icon of the southern belle. Lucie Magnus, MA has been a member of the New Orleans Jungian Seminar for seven years and is in the final stage of analytic training

with the Inter-Regional Society of Jungian Analysts. She is a licensed professional counselor and marriage and family therapist and a member of the American Association of Pastoral Counselors who has been in private practice in Birmingham since 1991.

Personal Mythology: Discovering

Your Inner Stories

Karen Gibson, LCSW, Ph.D.

Tuesday, April 6, 2004, 7:30 pm



Myth, according to Joseph Campbell, is the secret opening through which the inexhaustible energies of the cosmos pour into human cultural manifestations. The prime function of myth is supplying the symbols that move the human spirit. Whether or not we are conscious of the myth living within us, personal myths impact our lives. Living our myths consciously allows us to understand our unfolding dramas and connects us to the evolution of our culture. Understanding our personal mythologies is another way of understanding our lives and facilitating our individuation. Karen Gibson, L.C.S.W., Ph.D., a New Orleans native, is a Jungian analyst in private practice who leads a dream group in Baton Rouge and does consultation and supervision as well as analysis. Currently she is writing a book on rituals celebrating feminine rites of passage like menses and menopause. She is also interested in the application of analytical psychology to relationship therapy and the integration of object relations theory into Jungian analysis.

Where Life Finds Meaning: Dreams,

Contemplation, and Creativity

Susan Tiberghien

Friday, May 7, 2004, 7:30 pm



Dreams are the doorway to the unconscious, but how do we listen to them? Prayer is the doorway to God,

but how do we enter into the silence? What dreams are to the psyche, prayer is to the soul, both opening into the numinous. In her lecture, American-born writer Susan Tiberghien will focus on the link between dreams and prayer and how in the depths of our souls we find the inner resources of creative energy. The author of the memoirs *Looking for Gold* and *Circling to the Center*, Ms. Tiberghien lives in Switzerland and teaches writing workshops in the US and in Europe.

**Where Life Finds Meaning: Dreams,
Contemplation, and Creativity**

A Writing Workshop

with Susan Tiberghien

Saturday, May 8, 2004

10 am - 4 pm

\$65 members; \$85 nonmembers



In the morning, we will look at dreams from different spiritual traditions and work with one of our own dreams to look for living images therein that lead us to our creative source, developing mandalas from the images we encounter. In the afternoon, drawing inspiration from Ignatian exercises, Brenda Ueland's "moodling", and C. G. Jung's active imagination, we will dialogue with the imagined figures, fix the dialogue in writing, and shape what emerges into journal entries, short stories, personal essays, or poems. The author of the memoirs *Looking for Gold* and *Circling to the Center*, Susan Tiberghien lives in Switzerland and teaches writing workshops in the US and in Europe. See page six for registration information.

**Relationships: The Psychodynamics
of Self and Other**

James Hollis, Ph.D.

Friday, June 4, 2004

7:30 pm



No theme seems more to preoccupy us than the desire for relationship, yet everywhere we see broken relationships. Why? Is it that relationships are too important? But how could that be? The relationship between self and Other carries always the imprint of first relationships. In any present relationship we are inevitably enmeshed in the psychological mechanisms of projection and trans-

ference of the primal intrapsychic imago of self and Other. This lecture will explore our projection/transference dynamics, "the Eden project," which our hidden agenda embodies, and the search for the "Magical Other." It will also explore the difference between being in love and loving. And it will ask more of us than we wish to give, but such a gift may bring us to love. James Hollis, Ph.D., is a Zurich-trained Jungian analyst in private practice in Houston, Texas, where he is also executive director of the Jung Educational Center of Houston. He has written ten books, the latest being *The Eden Project: In Search of the Magical Other*, *The Archetypal Imagination*, *Creating a Life*, *On This Journey We Call Our Life*, and most recently, *Mythologems, Rendering the Invisible World Visible*.

**Relationships: The Psychodynamics
of Self and Other**

James Hollis, Ph.D.

Saturday, June 5, 2004

10 am - 4 pm

\$65 members; \$85 nonmembers



This workshop will seek to discern, through a series of questions and exercises, the sense of "self," the percepts about the Other, and the transactions which our history generates. What creates our patterns, our yearnings, our repetitions? These are the open-ended questions we will explore together. Please bring paper and pencil with you to this workshop. James Hollis, Ph.D., is a Zurich-trained Jungian analyst in private practice in Houston, Texas, where he is also executive director of the Jung Educational Center of Houston. He has written ten books, the latest being *The Eden Project: In Search of the Magical Other*, *The Archetypal Imagination*, *Creating a Life*, *On This Journey We Call Our Life*, and most recently, *Mythologems, Rendering the Invisible World Visible*. See page six for registration information.

C. G. JUNG SOCIETY OF NEW ORLEANS MONTHLY PROGRAMS begin at 7:30 p.m. on the first Tuesday of the month unless otherwise noted. Doors open at 7 p.m. except for the library, which opens at 6:30 p.m. Nonmember door charge is \$10. Please sign up for Continuing Education Hours before the start of the program. For more information, call 504-895-8556 or e-mail us at info@jungneworleans.org.

Jung Society Announcements

About Us: The C. G. Jung Society of New Orleans is a private nonprofit organization established to promote educational programs. Following the general thrust of Carl Jung's analytical psychology, the Society presents an interdisciplinary program to foster self-understanding by the individual.

Jung's deepest interest was in arriving at insights capable of bringing genuine help to the individual. His theories laid the groundwork for a new understanding of man, the significance of which extends far beyond the boundaries of psychology in the conventional sense. The goals of the C. G. Jung Society, then, are to offer a forum for the exchange of ideas in the sphere of the humanities, that family of knowledge that deals with what it is to be human, to make value judgments, and to select wiser courses of action. As Jung often stressed, it is within the individual, and not on the level of collective social measures, that the problems of our age must be met and the foundations for a healthy democratic society preserved and strengthened.

Programs and Membership: We have programs September through May, usually on the first Tuesday of the month. Membership for the year is \$50 for individuals and \$25 for student and clergy and entitles the member to free admission to regular programs and discounted enrollment at workshops. Admission to lectures for nonmembers is \$10. Free memberships, via the use of our working scholarships, are currently available in limited numbers. This is in exchange for your time before, and possibly after, meetings. Please ask Dottie Grandolfi for more details.

Continuing Education Program: The Jung Society is a pre-approved National Board of Certified Counselors provider of Continuing Education Hours (CEH). A sign-up sheet will be provided prior to the beginning of each meeting and a certificate of attendance afterward. NBCC rules require you to enter your name before the meeting starts in order to qualify for credit. Tapes of lectures and some workshops are available by entering your name and address on the Tape Order List near the CEH sign-up sheet. Ask about the titles of past lectures, as there is limited availability.

Goodyear Memorial Library: Stephanie Thibodeaux is our librarian and may be contacted by leaving a message at 895-8556 or by e-mail at library@jungneworleans.org. The library opens at 6:30 p.m. before the monthly meetings. For a onetime charge of \$20, members may purchase library cards that allow them to borrow books and audio or video tapes.

Book Sales through Maple Street Bookshop: Books that relate to the topic will be for sale at each meeting. Carol Antosiak will bring the books from Maple Street Bookshop and will be able to help with any special book requests you may have. Our library fund receives a credit of 15% of the price of any book purchased by a member at the Maple Street Bookshop. Just tell them you are a Jung Society member.

Website: Additional information about the society is available on our website at www.jungneworleans.org.

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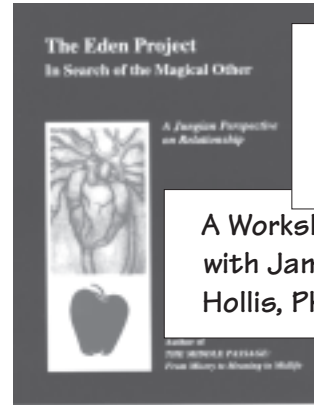
**WHERE LIFE FINDS MEANING:
DREAMS, CONTEMPLATION,
AND CREATIVITY**

**A Writing Workshop
with Susan Tiberghien**

Saturday, May 8, 2004, 10:00 a.m. – 4:00 p.m.

In the morning, we will look at dreams from different spiritual traditions and at our own dreams, both night and day dreams. We will work with one of our dreams, finding the living images therein that lead us to our creative source. We will hold these images in silence, feeling their resonance and letting them lead us deeper within. We will imagine their setting and create mandalas. In the afternoon, drawing inspiration from Ignatian exercises, the moodling of Brenda Ueland, and the active imagination of C.G. Jung, we will dialogue with the imagined figures and fix that dialogue in writing. We will shape what emerges into whatever form fits: journal entries, short stories, personal essays, or poems.

Susan M. Tiberghien, an American-born writer living in Switzerland, is the author of two memoirs, *Looking for Gold* (1997) and *Circling to the Center* (2001). She teaches workshops in the USA and Europe and is the editor of the literary review, *Offshoots, Writing from Geneva*.



**RELATIONSHIPS:
THE PSYCHO-
DYNAMICS OF
SELF AND OTHER**

**A Workshop
with James
Hollis, Ph.D.**

**Saturday,
June 5, 2004
10:00 a.m. –
4:00 p.m.**

This workshop will seek to discern, through a series of questions and exercises, the sense of “self,” the percepts about the Other, and the transactions which our history generates. What creates our patterns, our yearnings, our repetitions? These are the open-ended questions we will explore together. Please bring paper and pencil with you to this workshop.

James Hollis, Ph.D., is a Zurich-trained Jungian analyst in private practice in Houston, Texas, where he is also executive director of the Jung Educational Center of Houston. He has written ten books, including *The Eden Project: In Search of the Magical Other*.



Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Day / Evening _____ Amount Enclosed _____

**SUSAN TIBERGHIE
WRITING WORKSHOP
May 8, 2004**
(Circle One: \$65 members; \$85 nonmembers)

**MEMBERSHIP IN THE C. G. JUNG
SOCIETY OF NEW ORLEANS**
(Circle One: \$100 benefactor;
\$50 individuals; \$25 student/clergy)

**JAMES HOLLIS
RELATIONSHIP WORKSHOP
June 5, 2004**
(Circle One: \$65 members; \$85 nonmembers)

CENTERPOINT CLASSES
Check here if you are interested in receiving more information on enrolling in the Centerpoint classes starting later this spring. (See page 7.)

**WORKSHOP
REGISTRATION FORM**

Workshop Prices:
\$65 members
\$85 nonmembers

Workshop Location:
Parker Methodist Church
1130 Nashville Avenue
New Orleans



**Free admission to monthly programs
Discounted admission to workshops**
Benefactor \$100 per year
Individual \$ 50 per year
Student/Clergy \$ 25 per year

Questions?

Contact the C. G. Jung Society:
Phone 504-895-8556
E-mail info@jungneworleans.org
Website www.jungneworleans.org

Mail completed form to:

C. G. Jung Society
of New Orleans
P. O. Box 24451
New Orleans, LA 70184-4451



Centerpoint will return to New Orleans sometime in spring, 2004. What is Centerpoint? Centerpoint is a series of study/discussion groups that will meet

for six-week sessions. The Centerpoint course material is offered through the Educational Center in St. Louis and is presented on cassette tapes accompanied by workbook text. Participants meet in groups of six to eight to listen to and discuss the material.

The small group experience of Centerpoint is how the C.G. Jung Society of New Orleans got started. After those early participants went through Centerpoint, they asked themselves: "Okay, what's next?" The original Centerpoint group then decided to form the C. G. Jung Society of New Orleans to help to bring Jung's ideas to a wider audience.

Edward Edinger, the famous American Jungian psychologist, edited the Centerpoint series and culled a rich selection of material from the writings of C. G. Jung and other leaders in the field of analytical psychology,

along with a veritable library of myths, fairy tales, and folk tales. The emphasis of the series is for participants to discover a personal relationship to the material presented and explore their own psyches. The first part of the course, Centerpoint I, examines the ego, shadow, persona, anima and animus, dreams, mythology, and the process of individuation from several perspectives. Persona, for instance, is defined using excerpts from Jung's collected works amplified by the reflections of four noted Jungian authors. Participants also discover their typological blueprint through the Gray-Wheelright test, study fairy tales, and learn to journal and record their dreams.

Classes will begin with the first six sessions of the series using both the Centerpoint tapes and workbooks and supplemental material. Dates and locations for meetings are still to be determined and will depend on participants' interest and schedules, while the number of groups will depend on the level of interest. Further information will be available at the monthly meetings. If you would like to know more about participating in Centerpoint classes, e-mail info@jungneworleans.org or send in the coupon on page six of this newsletter.

Goodyear Library New & Notable Books

books that may have escaped attention on the shelf:

Donald Kalsched: *The Inner World of Trauma: Archetypal Defenses of the Personal Spirit.* Kalsched's premise is that in cases of early and/or profound trauma, an "archetypal self-care system" is activated. However necessary as an initial survival mechanism, archetypal defenses become traumatizing forces themselves, and constitute powerful internal opposition to healing, as they divert energy toward survival at the expense of individuation. Thus, in cases of trauma, the internal defense system must be the first focus of work. The book includes case studies, a comparison and critique of various approaches, and exegesis of several fairy tales—including an illustrative interpretation of the story of *Psyche and Eros*. Compassionate, lucid, and insightful. Valuable reading for mental health practitioners.

Michael Vannoy Adams: *The Multicultural Imagination: "Race", Color, and the Unconscious.* This book explores the generally neglected importance of race in psychoanalysis, focusing primarily on issues of "black" and "white" in the United States. Adams considers his-

In this section I'd like to showcase new additions to our library holdings and also call attention to good

torical details of early work by Freud and Jung, cultural/racial content in dreams in clinical applications, and theoretical ramifications. Throughout, he stresses that it is the unconscious—in attitudes, symbols, and archetypes—that underlies the severe intractability of racial biases. Through the presentation and analysis of unconscious dream material, this work illustrates a way of bringing such content into awareness.

Other New/Notable books:

- The Mythological Unconscious*, by Michael Vannoy Adams.
- The Moonlit Path: Reflections on the Dark Feminine.* Fred Gustafson, ed., introduction by Murray Stein (Gift of Nicolas-Hays Publishers.)
- Facing the Dragon: Confronting Personal and Spiritual Grandiosity*, by Robert L. Moore
- The Roots of War: A Jungian Perspective*, by Anthony Stevens.
- The Cambridge Companion to Jung.* Polly Young-Eisendrath and Terence Dawson, eds.
- A Life of Jung*, by Ronald Hayman. (Gift of Maple Street Bookshop.)
- Jung on Active Imagination (Encountering Jung Series).* Joan Chodorow, ed.
- The Wedding of Sophia: The Divine Feminine in Psychoid Alchemy*, by Jeffrey Raff. (Gift of Nicolas-Hays Publishers.)

- Stephanie Thibodeaux, Librarian

C. G. JUNG SOCIETY OF NEW ORLEANS SPRING PROGRAM 2004

2/3/04 *The "Complex-ity" of Movies*
Marilyn Marshall, LPC / 7:30 pm / Parker

3/2/04 *The Archetype of the Southern Belle*
Lucie Magnus, MA, LPC / 7:30 pm / Parker

4/6/04 *Personal Mythology: Discovering
Your Inner Stories*
Karen Gibson, L.C.S.W., Ph.D.
7:30 pm / Parker

5/7/04 *Where Life Finds Meaning: Dreams,
Contemplation, and Creativity*
Susan Tiberghien / 7:30 pm / Parker

5/8/04 *Where Life Finds Meaning: Dreams,
Contemplation, and Creativity*
A Writing Workshop with Susan Tiberghien
10 am - 4 pm / Parker

6/4/04 *Relationships: The Psychodynamics
of Self and Other*
James Hollis, Ph.D. / 7:30 pm / Parker

6/5/04 *Relationships: The Psychodynamics
of Self and Other*
A Workshop with James Hollis, Ph.D.
10 am - 4 pm / Parker

P. O. Box 24451
New Orleans, LA 70184-4451
Meetings: Parker Church, 1130 Nashville Ave.



Phone 504-895-8556
E-mail info@jungneworleans.org
Website www.jungneworleans.org

Librarian's Corner

First things first: Huge thanks to library volunteer David O'Donoghue, who donated over 100 hours of work to the Goodyear Library in the past year! This generous, enthusiastic, and good-natured contribution has enormously helped in the completion of the shelf audit of books, audiotapes, and videos. Faye Geraci has also been a major contributor to this project. Thanks also go to Maple Street Book Shop for the gift of Ronald Hayman's biography of Jung; to Ruth Carter, Dottie Grandolfi, and Duane Page for donations of books and tapes; and to Nicolas-Hays Publishers and author Dean Frantz for complimentary copies of new books.

is a searchable database of titles and abstracts of Jung's *Collected Works*, thanks to the efforts of the Kristine Mann Library of the Analytical Psychology Club, C.G. Jung Center of New York. The abstracts included in the database were published in 1978 by the National Institute of Mental Health. (See <http://www.junglibrary.org/>.) There are also many rich online resources for myths, literature, and folk and fairy tales—many of which are searchable for specific text. (See <http://www.bartleby.com> and <http://www.sacred-texts.com>.)

Extra library hours in January: Although there is no regular meeting in January, the library will be open on the first Tuesday, January 6, from 6:30 to 8:30 p.m.

Website Update: The library page at our website has just been updated with new links. One great resource

- Stephanie Thibodeaux, Librarian

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