



NEWSLETTER

August - December, 2009

A Semi-Annual Publication of the C. G. Jung Society of New Orleans

Vol. 18, No. 2

Jung Around Town: What's Going On in the Crescent City

September, 2009, will mark the Jung Society's 21st anniversary, and in keeping with our purpose of presenting programming "to foster self-understanding by the individual," we're undertaking a new introductory class, *Understanding Jung*. It will start by explaining the terminology—words like shadow, projection, complex, archetype—but its focus will be on the way we understand our lives, for as Jung said, "the true history of the spirit is not preserved in learned volumes but in the living psychic organism of every individual." (CW 11, ¶ 56). Jungian analysts **Marilyn Marshall**, **Jutta von Buchholtz** and **Charlotte Mathes** will explore Jung's fundamental concepts, their meaning and practical application in life. This new introductory class will be offered monthly from 6:30 pm till 8:00 pm on nine Thursday evenings beginning September 17, 2009, at Parker Methodist, 1130 Nashville Avenue. Cost is \$180 for the series, with a minimum of six and a maximum of ten participants. For information, contact Marilyn Marshall at marilynmarshall@gmail.com or by phone at 504-236-0735. Registration deadline is September 8, 2009.

a new
class

study group

New Orleans &
Baton Rouge

Analyst **Deldon McNeely**, Ph.D., is now dividing her time between Virginia Beach and Abita Springs. While here, she's leading **monthly study groups** in **New Orleans and Baton Rouge**. Participants explore books on Jungian thought chosen by group members. This past semester, her Baton Rouge group read Jung's "Two Essays on Analytical Psychology," while her New Orleans group examined Lionel Corbett's *Psyche and the Sacred: Spirituality Beyond Religion*. New Orleans discussions touched upon organized religion as a vehicle for fulfillment (or not), the psychological factors in the need for salvation and redemption, the meaning of soul and spirit as expressions of archetypal energy, and the question of the existence of archetypal evil. The group will continue with a new book – to be chosen – after Corbett's. Del's New Orleans group meets **once a month, usually on Monday** from 1 – 3 pm at Parker. The fee is whatever you can afford up to \$20. For more information on joining Del's New Orleans or Baton Rouge groups, contact Deldon McNeely at earthlovr@earthlink.net or by phone at 757-721-2379.

Locals who would like to explore the unique mysteries of their own psyches may be interested in local dream groups. On the south shore, analyst **Karen Gibson**, LCSW, Ph.D. hosts a **monthly dream group** that gives participants a chance to peer into that realm that Jung described as "that cosmic night which was psyche long before there was any ego-consciousness." The fall session will begin in September, meeting on the **third Sunday of each month** from 4:30 to 6:30 pm. Tuition for the six-month period from September through February is \$180. For more information or to register, contact Karen at 504-821-5567 or by e-mail at gibsonkphd@hotmail.com. On the north shore, analyst **Connie Romero**, LPC, LMFT, is starting a **Mandeville dream group**. Contact her at 985-778-1641 or by e-mail at romeroce4@aol.com for more information.

dream
work

film series

Baton Rouge

Birmingham Jungian analyst **Jutta von Buchholtz**, Ph.D., who has been coming to Baton Rouge for dream consultations regularly since Katrina, is presenting **the re-mastered film series "The Way of the Dream"** in Baton Rouge.

continued on page 7

sand play

For those of us up against a blank wall creatively, sandplay provides a **"building game"** which allows us access to the unconscious, connecting us to **creative life**. Jungian analyst **Marilyn Marshall**, M.A., LPC, will facilitate.

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The Myth of Philemon and Baucis

Archetypal Energies for Midlife & Old Age Today

Jutta von Buchholtz, Ph.D.

C. G. Jung discovered that myths and fairy tales embody archetypal themes, motifs and energy. What does that have to do with a twenty-first century person, her journey, her problems and her joys?

In the course of the many years that C. G. Jung practiced psychiatry, he noticed that many of the themes and images of his clients – as well as his own! – felt somehow very familiar. Jung was a beautifully educated man, a scientist who was also profoundly knowledgeable of the spiritual traditions of many cultures. Thus he was able to recognize images from Egyptian sarcophagi re-appearing in the dreams and paintings of his patients. He also noticed with awe themes and images from ancient alchemical texts surfacing in slightly altered form in the materials emerging from the unconscious of his clients – such as in their dreams, fantasies, paintings and other manifestations of unconscious activities. There seemed to be deposits of collective experiences in the collective unconscious of human kind, which have always been there and are available to us now, if we look to connect with them.

This kind of research is not only an interesting academic phenomenon, enriching for the intellect, but Jung also discovered that these images and themes, infused with archetypal, unconscious energies, seemed to have a healing effect on modern man's troubled search for his soul: they provided spiritual roots and a sense of belonging within the human family.

In the course of his life, Carl Jung increasingly focused on exploring the analogy between alchemical processes and man/woman's journey of individuation. His colleague Marie-Louise von Franz, a medievalist, explored archetypal themes like evil, coniunctio (the sacred marriage or joining of the opposites), maturational processes, the hero's journey, the maiden's voyage, the dumbling, sacrifice and many more in myths and fairy tales cross-culturally and over the centuries.

The myth of Philemon and Baucis embodies the archetype of hospitality. It is the central myth of Ovid's seminal work *The Metamorphosis*. Ovid was a contemporary of Jesus Christ. We can expect the themes in *The Metamorphosis* to reflect the collective issues of the society into which Christ brought his message of metamorphosis, transformation and change, a time when anything new would appear to be life-threatening and therefore would be angrily rejected – as Jesus experienced on the cross. Receptivity to new ideas, hospitality to new concepts, was intolerable in the Roman Empire at the time of Augustus, stalled as it was in reactionary and hypocritical moral and political conservatism.

The analogy to a phase in our lives is obvious: at about midlife, when all our ambitions have been fulfilled or shown to be unreachable, there is a pause, a stall in the progression of life. Mothers start to mourn the loss of their biological identity due to the empty nest, and men worry about the loss of their professional identity due to retirement. At times women and men both fear the empty nest and the end of a professional career. The old ways of understanding and defining ourselves no longer apply. We need to re-examine, re-evaluate and finally change our lives – this is a natural, cyclic process for the individual as well as for societal and cultural establishments, i.e. an archetypal phenomenon. Philemon and Baucis is *the* myth par excellence for changing and growing old – then and now, inner psychically and collectively.

Philemon and his wife Baucis, a very poor couple just past midlife, lived in a small hut at the edge of town. One afternoon two hungry homeless bums appeared on their doorstep. They were invited in and treated like valued if unbidden guests; the sparse provisions from a small garden were shared equally. Suddenly the hosts noticed that the wine jug, from which they had liberally poured, had remained full to the brim. With awe they understood that they had been hosting the gods Zeus (Jupiter) and his son Hermes (Mercury) in disguise. The guests/gods offered a boon as reward for the hospitality they had received. The story goes on to tell about their unusual request – they actually made two! – and follows the couple's life to their transformative death.

In this myth, Ovid pointed to several characteristics that seem to be prerequisites to an attitude of hospitality, among them poverty and equality.

Although poverty of means is not a prerequisite to hospitality, poverty of spirit would be an insurmountable obstacle to open-mindedness, which is hospitality of the spirit. This couple's poverty, Ovid insists, is not a burden to them. Their shared poverty demonstrated an attitude of acceptance, of openness to and relishing of the moment, the NOW! How

often do avarice, envy and competitiveness that express themselves materially and concretely sidetrack us? We need to shift our focus from grasping into the future to procure material goods to an attitude to acceptance of the gift of the present in order to hospitably welcome what life offers with an open heart. This is hospitality, or the radical receptivity that the archetypal aspect of this story demonstrates.

In the Roman Empire of 1 A.D., most households had slaves and/or servants. Philemon and Baucis were too poor to have either; both were servant as well as master in their house – neither was superior to the other. They served their guests and each other. Here the husband did not sit with the guys while the wife worked to fix supper! Both prepared the meal and entertained their guests. Although they lived at a time and in a culture where the masculine hierarchy was firmly established, neither was the man superior to the woman nor the husband inferior to the wife in this marriage. They were of equal rank. Psychologically speaking, if the masculine and feminine aspects of an individual's psyche are in balance, openness to new ideas, concepts or approaches to life can happen; creative and full living is based on radical receptivity. When the masculine and feminine are in balance, we can welcome – hard as it is – unbidden psychic guests such as dark depression, red anger, murky loneliness and many others. To react against these hard emotions and bar them from consciousness makes them harder to bear, but when we embrace them as part of the human experience, we open psyche's door to possible transformation, or at least to a lessening of the power of the affect.

And in the end: who knows which god might hide underneath those beggarly rags?!

Jutta von Buchholtz, Ph.D., is a Senior Jungian Analyst, Diplomate of the C. G. Jung Institute – Zurich, Switzerland. Her background is in medieval literature; she has a Ph.D. in that field from Vanderbilt University. She loves myths and fairy tales of all cultures and is particularly interested in how their archetypal energies become visible in our life stories. Jutta is deeply involved in training future Jungian analysts both in the US (New Orleans and Memphis) and abroad (Zurich, Switzerland). She sees clients in Birmingham, Alabama, where she lives, as well as in Pensacola, Florida, and Baton Rouge, where she visits on a regular basis. Jutta will present our December 8 program on Baucis & Philemon.

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NEW ORLEANS JUNGIAN SEMINAR ANALYSTS

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**C. G. JUNG SOCIETY OF NEW ORLEANS
FALL 2009 PROGRAM CALENDAR**

THE MATRIX AND MEANING OF CHARACTER

NANCY DOUGHERTY, MSW

LECTURE FRIDAY, SEPTEMBER 18, 2009 | 7:30 PM | 2 CEUS

WORKSHOP SATURDAY, SEPTEMBER 19, 2009 | 10 AM - 4 PM

6 CEUS | \$65 MEMBERS; \$85 NONMEMBERS

Character structure underlies everyone's personality, along a continuum of character style to character disorder. Mixtures of archetypal reality and personal history, numinous energy and early personal wounds evolve into identifiable character structures. Every character structure is a defensive development, as well as an adaptive and prospective profile that emerges from an archetypal wellspring. Thus, our woundedness and our gifts are not unrelated. Using slides of contemporary art, fairy tale and myth, we will work towards connecting with meaningful inner images, exploring how transformation happens through our character structures, not in spite of them. While we certainly may develop increasingly flexible and fluent ego structures, the thumbprint of our character, with all its archetypal depth, remains the same. It is through our woundedness, with its archetypal background, that we can access our deepest healing and creative energies and awaken the process of individuation.

Nancy Dougherty, MSW, is a licensed clinical social worker and a Jungian analyst in private practice in Naples, Florida. She is a member and on the teaching faculty of the C.G. Jung Institute of Chicago and is Training Director of the Inter-Regional Society of Jungian Analysts. Along with co-author Dr. Jacqueline West, she has published *The Matrix and Meaning of Character: An Archetypal and Developmental Approach*, Routledge Press, 2007 (www.matrixandmeaning.com).

JUNG FILM NIGHT: "MY NAME WAS SABINA SPIELREIN"

KAREN GIBSON, LCSW, PH.D., DISCUSSION LEADER

TUESDAY, OCTOBER 6, 2009 | 2 CEUS | FILM SCREENING 7 PM | DISCUSSION 8:30 PM

Sabina Spielrein's name might have vanished into history with her murder at the hands of Nazi troops in 1942 but for a box of documents uncovered in 1977 in a Geneva basement. The box contained Spielrein's diary, correspondence with Freud and Jung, and other writings identifying her as Jung's first patient. Jung first treated Spielrein for "nervous symptoms" in 1904-1905, and the correspondence reveals an affair that continued till 1912, when Spielrein married a Russian Jewish physician. During that time Spielrein herself completed a doctoral thesis entitled "A Case of Schizophrenia" (with Jung as her thesis advisor) and joined Freud's Vienna Psychoanalytic Society. The final break between Freud and Jung occurred shortly thereafter, in 1913, and the film probes Spielrein's correspondence with the two men during this time, shedding light on the emotional context of the rift between them and relating what one reviewer describes as "a chilling story, bringing to light both the work of this pioneer and the dark side of psychoanalysis." Local analyst **Karen Gibson**, LCSW, Ph.D., will lead the discussion on the film, which will introduce attendees to one of the women in Jung's shadow, the topic of our November 7 workshop.

IMAGES IN STONE: JUNG'S TOWER AT BOLLINGEN

A COLLABORATION BETWEEN ARCHITECTURE AND JUNGIAN PSYCHOLOGY

JUDITH SAVAGE, LICSW, LMFT

FRIDAY, NOVEMBER 6, 2009 | 7:30 PM | 2 CEUS

This presentation is the result of a unique collaboration between an analyst and an architect creating together a visual, historical, and narrative tour of Jung's tower at Bollingen.

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Jungian analyst Judith Savage will guide the audience on an intimate journey through the tower's building process, using three-dimensional, architectural models and over 100 images of the building and its grounds. She will discuss Bollingen's unique architectural challenges as an ever-changing sculptural form, the archetypal theme of expulsion as it was played out within the Jung/Freud conflict, the tower's role as Jung's sanctuary or healing temenos, and the deeply personal meaning of its monuments and paintings.

Judith Savage, LICSW, LMFT, is a Jungian analyst in private practice in St. Paul, a licensed independent clinical social worker, and a marriage and family therapist. She has been on the Board of Directors of the Minnesota Association of Marriage and Family Therapists, an executive officer of the Inter-Regional Society of Jungian Analysts, and on the Board of the Psychoanalytic Coalition of Minnesota. She is the author of *Mourning Unlived Lives: A Psychological Study of Childbearing Loss* and a contributor to *The Soul of Popular Culture*. A former coordinator of the Minnesota Seminar in Jungian Studies, she is currently its treasurer and a core faculty member.

**THE WOMEN BEHIND THE MAN:
JUNG'S EARLIEST COLLABORATORS
JUDITH SAVAGE, LICSW, LMFT
SATURDAY, NOVEMBER 7, 2009 | 10 AM - 4 PM | 6 CEUS
\$65 MEMBERS; \$85 NONMEMBERS**

After his split from Freud, Jung seemed surrounded by women. They came from all over the world to enter into an analysis with him. For many, it was almost a religious pilgrimage since Jung had ignited in them an appreciation for the value of a woman's mind. This assembly of women has been called the Valkyries, the Jungfrauen, or the "spinsters". Whether as a wife, lover, mediatrix, collaborator, researcher, translator, secretary, colleague, friend, benefactor or missionary of the Jungian gospel, each woman played a role in the early development of Jungian thought. This workshop will examine the histories of several of these early women who lived under Jung's shadow, and illustrate how each of them were wounded by him even while enhanced by his genius.

Judith Savage, LICSW, LMFT, is a Jungian analyst in private practice in St. Paul, a licensed independent clinical social worker, and a marriage and family therapist. She is the author of *Mourning Unlived Lives: A Psychological Study of Childbearing Loss* and a contributor to *The Soul of Popular Culture*. A former coordinator of the Minnesota Seminar in Jungian Studies, she is currently its treasurer and a core faculty member.

**THE MYTH OF PHILEMON AND BAUCIS:
ARCHETYPAL ENERGIES FOR MIDLIFE AND OLD AGE TODAY
JUTTA VON BUCHHOLTZ, PH.D.
TUESDAY, DECEMBER 8, 2009 | 7:30 PM | 2 CEUS**

The beautiful love story "Philemon and Baucis" is at the center of the "Metamorphosis," Ovid's famous poem. It tells us of an elderly, poor couple who hospitably open their door to allow two tired beggars into their small hut. As the kind hosts share their meager meal, the decrepit beggars suddenly reveal themselves to be none other than the great god Zeus (Jupiter) and his son Hermes (Mercury). The gods reward the hospitable pair by granting them a wish. This lovely tale shows how an attitude of welcome to events or persons that come into our lives can be deeply transformative for us as well as those around us.

Jutta von Buchholtz is a Senior Jungian Analyst, Diplomate of the C. G. Jung Institute – Zurich, Switzerland. Her background is in medieval literature; she has a Ph.D. in that field from Vanderbilt University. She loves myths and fairy tales of all cultures and is particularly interested in how their archetypal energies become visible in our life stories. Jutta is deeply involved in training future Jungian analysts both in the USA (New Orleans & Memphis) and abroad (Zurich). She sees clients in Birmingham, where she lives, as well as in Pensacola, Florida, and Baton Rouge, which she visits on a regular basis.

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JUNGIAN FUNDAMENTALS
MARGARET DOZIER, M.D.
FRIDAY, JANUARY 8, 2010 | 7:30 PM | 2 CEUS

Friday evening's lecture is devoted to a review of Jungian fundamentals. This review includes discussion of the collective unconscious, the archetype, the archetypal image, and the complex. We shall focus on the major archetypes of anima, animus, persona, shadow and the Self.

Margaret Dozier, M.D., is a Jungian analyst who has been practicing in the Alabama area since 2001. She is a graduate of the C. G. Jung Institute, Zurich, Switzerland. She is on the faculty of the New Orleans Jungian Seminar and is a member of the International Association of Analytic Psychologists (IAAP) as well as of the Inter-Regional Society of Jungian Analysts (IRSJA). Prior to completing her psychoanalytic degree, Dr. Dozier obtained her M. D. degree at USA College of Medicine in Mobile, Alabama. She completed her psychiatric internship and residency at SUNY Upstate in Syracuse, New York. Her office is located at 22141 McPhillips Road, Loxley, Alabama.

CUPID AND PSYCHE: THE EVOLUTION OF LOVE
MARGARET DOZIER, M.D.
SATURDAY, JANUARY 9, 2010 | 10 AM - 1 PM
3 CEUS | \$35 MEMBERS; \$45 NONMEMBERS

Saturday morning, using the principles of analytic psychology learned in Friday's lecture, we shall visit the ancient and pleasant myth of Cupid and Psyche. Like Psyche's own difficult and prolonged journey, our visit will introduce us to wonderful and frightening creatures, strange and beautiful places, and terrible and transforming knowledge. With the help of images from ancient and modern art, we shall explore two of the greatest mysteries of life—love and the individuation process.

Margaret Dozier, M.D., is a psychiatrist and Jungian analyst who has been practicing in the Loxley, Alabama, area since 2001. She is on the faculty of the New Orleans Jungian Seminar.

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MATRIX AND MEANING OF CHARACTER
SEPTEMBER 19, 2009, WORKSHOP
 (Circle One: \$65 members; \$85 nonmembers)

THE WOMEN BEHIND JUNG
NOVEMBER 7, 2009, WORKSHOP
 (Circle One: \$65 members; \$85 nonmembers)

Donor Levels (Circle One)

Individual	\$ 50	Benefactor	\$100
Student	\$ 25	Bollingen	\$250
Clergy	\$ 25	Küsnacht	\$500

CUPID & PSYCHE: EVOLUTION OF LOVE
JANUARY 9, 2010, WORKSHOP
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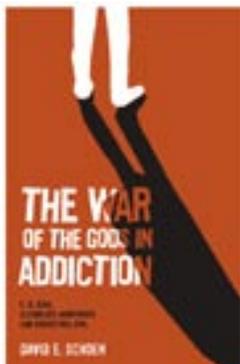
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Jung Around Town

continued from page one dreaming & aging

Since Katrina, Birmingham Jungian analyst **Jutta von Buchholtz**, Ph.D., has been coming to Baton Rouge for dream consultations about every six to eight weeks. She is also presenting **the re-mastered film of "The Way of the Dream"** at the Red Shoes (www.theredshoes.org) at 2303 Government Street in Baton Rouge on the following Saturdays from 9 am to 1 pm: August 8; October 10; December 12. "*The Way of the Dream*" is based on a series of conversations between Fraser Boa and Jungian analyst Marie-Louise von Franz, where she interprets dreams of people from around the world. Segments need not be viewed in order as each section is a self-contained presentation. On Saturday, November 7, Jutta is conducting a **workshop on "Jung and Aging"** from 9 am to 3 pm for the Baton Rouge Jung Society, and on Tuesday, December 8, she will lecture on **the myth of Philemon and Baucis** for the New Orleans Jung Society. She is also planning a Pensacola workshop on "*The Archetype of the Woman Healer*."

new book



David Schoen, MSSW, LCSW, has a **new book** entitled *The War of the Gods in Addiction: C. G. Jung, Alcoholics Anonymous and Archetypal Evil*, recently published by **New Orleans' own Spring Journal Books**. The book is based on the famous correspondence between Bill W., co-founder of A.A., and Carl Jung, and its profound implications regarding the true nature of alcoholism and

addiction, including the crucial ingredient of archetypal shadow/archetypal evil. *The War of the Gods in Addiction* will be the topic of **our March 2, 2010, program**, so mark your calendars.

in appreciation

We extend our appreciation to the Max and Lore Zeller Library, **C.G. Jung Institute of Los Angeles**, for their generous donation of Jungian journals for the benefit of the Jung Society and the New Orleans Jungian Seminar. Thanks also to analyst **Connie Romero**, who covered shipping.



In *Memories, Dreams, Reflections*, Jung describes a memory of himself as a young boy – building with blocks – and realizes the emotion accompanying the memory: "The small boy is still around, and possesses a creative life which I lack. But how can I make my way to it?" He decides to take up the child's life and accumulates stones and materials and begins, each day, his "building game." Jung remarks, "This moment was a turning point in my fate . . . for the **building game** was only the beginning . . . and at any time in my later life when I came up against a blank wall, I painted a picture or hewed stone. Each such experience proved to be a *rite d'entrée* for the ideas and works that followed."

Sandplay provides a "building game" which allows us access to the unconscious, connecting us to imagination and the creative life. Jungian analyst **Marilyn Marshall**, M.A., LPC, facilitates four monthly 90-minute sessions of **sandplay** for adults beginning September at 52 West Park Place in New Orleans. Dates and times will be determined by group consensus. Cost for the series is \$100; registration deadline is September 8, 2009. To enroll, contact Marilyn Marshall at 504-236-0735.

new analysts

Congratulations to our **two new Jungian analysts**, **Connie Romero**, LPC, LMFT, on the north shore and **Marilyn Marshall**, M.A., LPC, on the south, both of whom are 2009 graduates of the Inter-Regional Society of Jungian Analysts. Marilyn has recently moved back to New Orleans, where she lived before Katrina, and is planning a new group on sand tray and a new class on Jungian basics. Connie Romero, whose office is in Mandeville, is starting a north shore dream group and will offer an evening program for us in April, 2010.

Marilyn states that her recent graduation "has been a time of celebration and reflection. Whereas this journey has been an individual one, I have had much help along the way. So, I want to express my heartfelt appreciation to all of you in the New Orleans Jung Society and Jung Seminars who have been so supportive and encouraging throughout these many years of analytic training." Connie, too, would like to thank the New Orleans Jung Society and Seminar for years of care and guidance along with a stimulating and comprehensive learning environment, saying that "my hope is to try and give back some of what was so generously given."



**C. G. JUNG SOCIETY OF NEW ORLEANS
FALL 2009 PROGRAM CALENDAR**

- | | |
|---|---|
| <p>9/18/09 THE MATRIX AND MEANING OF CHARACTER
Nancy Dougherty, MSW 7:30 pm 2 CEUs</p> <p>9/19/09 THE MATRIX AND MEANING OF CHARACTER
A Workshop with Nancy Dougherty, MSW
10 am – 4 pm 6 CEUs</p> <p>10/6/09 “MY NAME WAS SABINA SPIELREIN”
Karen Gibson, LCSW, Ph.D.
7 pm screening; 8:30 pm discussion 2 CEUs</p> <p>11/6/09 IMAGES IN STONE: JUNG’S TOWER AT BOLLINGEN
Judith Savage, LICSW, LMFT 7:30 pm 2 CEUs</p> <p>11/7/09 THE WOMEN BEHIND THE MAN: JUNG’S
EARLIEST COLLABORATORS
A Workshop with Judith Savage, LICSW, LMFT
10 am – 4 pm 6 CEUs</p> | <p>12/8/09 THE MYTH OF PHILEMON AND BAUCIS:
ARCHETYPAL ENERGIES FOR MIDLIFE
AND OLD AGE TODAY
Jutta von Buchholtz, Ph.D.
7:30 pm 2 CEUs</p> <p>1/8/10 JUNGIAN FUNDAMENTALS
Margaret Dozier, M.D.
7:30 pm 2 CEUs</p> <p>1/9/10 CUPID AND PSYCHE:
THE EVOLUTION OF LOVE
A Workshop with Margaret Dozier, M.D.
10 am - 1 pm 3 CEUs
\$35 members \$45 nonmembers</p> |
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